

Mudbuggin'

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Steve Cavanaugh (USA) - February 2021
音乐: Mudbuggin' - The Mudbugs Cajun & Zydeco Band : (Album: Mudbugs)



Music available on iTunes and Amazon and Spotify
Start dance on lyrics, 9.5 seconds in, after 36 counts

[1-8] STEP, HOLD (2), ROCKING CHAIR

1-4 Step Fwd R, Hold, Step Fwd L, Hold
5-8 Rock Fwd R, Recover to L, Rock Back R, Recover L

[9-16] SLOW 1/2 TURN LEFT, RUN FORWARD

1-4 Step Fwd R, Hold, 1/2 Turn L (weight to L), Hold
5-8 Step Fwd R, Step Fwd L, Step Fwd R, Step L Together

[17-24] HEEL SWITCHES, 1/4 TURN RIGHT, HEEL SWITCHES

1-4 Touch R Heel Fwd, Step R Beside L, Touch L Heel Fwd, Step L Beside R
5-8 1/4 Turn R Touch R Heel Fwd, Step R Beside L, Touch L Heel Fwd, Step L Beside R

[25-32] SLOW 1/2 TURN LEFT, HEEL HOOKS (2)

1-4 Step Fwd R, Hold, 1/2 Turn Left, Hold
5-8 Touch R Heel Fwd, Hook R Heel Across L, Touch R Heel Fwd, Hook R Heel Across L

optional: clap on holds

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