

Soul Sparkle

拍数: 32 墙数: 4 级数: Beginner
编舞者: Aurora de Jong (USA) - February 2021
音乐: It's All Right - Jon Batiste : (from the movie Soul, Disney/Pixar soundtrack)
或: It's All Right - Huey Lewis & The News



Dance begins 16 counts after the hard beat begins

NO TAGS OR RESTARTS!

The song is about being an original Soul - so dance this with SOUL!

**** If using the Huey Lewis track, please add the easy 16 count tag after Wall 7****

[1-8]: Diagonal step together, step touch to the right, repeat to left diagonal (Shoop shoops!)

1-4 (slightly toward right diagonal) step R forward (1), step L to R (2), step R forward (3), touch L to R (4)

5-8 (slightly toward left diagonal) step L forward (5), step R to L (6), step L forward (7), touch R to L (8)

(optional arms for added Soul: bend your elbows and swing your arms forward and back, like shoobedobee doowap arms. On the verses where he says "everybody clap your hands", clap away!)

[9-16]: Diagonal step touches back, 1/4 turn right grapevine

1-4 step R back and right (1), touch L to R (2), step L back and left (3), touch R to L (4)

5-8 step R to right (5), step L behind R (6), step R forward turning ¼ to right (7), step L forward (8) (3:00)

(optional arms: clap or snap as you go back)

[17-24]: ½ right pivot turn, hold, step, hold, rocking chair

1-2 pivot ½ to right, transferring weight to R (1), hold (2) (9:00)

3-4 step L forward (3), hold (4)

5-8 rock R forward (5), recover to L (6), rock R back (7), recover to L (8)

(make those steps and holds sassy!)

[25-32]: R and L step kicks, jazz box cross

1-4 step R to right (1), kick L forward across body (2), step L to left (3), kick R forward across body (4)

5-8 step R across L (5), step L back (6), step R to right (7), step L across R (8)

**** 16 count tag after Wall 7 if using the Huey Lewis track:**

[1-8]: The first 8 counts of the dance! Diagonal step together, step touch to the right, repeat to left diagonal (shoop, shoop!)

1-4 (slightly toward right diagonal) step R forward (1), step L to R (2), step R forward (3), touch L to R (4)

5-8 (slightly toward left diagonal) step L forward (5), step R to L (6), step L forward (7), touch R to L (8)

[9-16]: Diagonal step touches backwards

1-4 Step R diagonally back (1), touch L to R (2), step L diagonally back (3), touch R to L (4)

5-8 Step R diagonally back (1), touch L to R (2), step L diagonally back (3), touch R to L (4)

Enjoy!

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