

# My Melody

COPPERKNOB  
STEPSHEETS

拍数: 72      墙数: 2      级数: Intermediate  
编舞者: Claudia Arndt (DE) - January 2021  
音乐: The Melody - George Canyon



**Start: Dance begins with singing**

## Section 1 - 2x Heel Strut (r,l), Step forward (r), Recover, Toe Strut back

1-2      Tap RF heel at the front, strain RF completely  
3-4      Tap LF heel at the front, strain RF completely  
5-6      RF step forward, weight back on left,  
7-8      Tap RF foot tip at the back, lower RF heel

## Section 2 - 2x Toe Strut back (l,r), Side, Recover, Close,

1-2      Tap LF foot tip at the back, lower RF heel  
3-4      Tap RF foot tip at the back, lower RF heel  
5-6      LF step to the left, weight back on RF,  
7-8      LF next to RF,

## Section 3 - 2x ¼ Monterey Turn, Rock Forward (r), Recover, Rock back (l), Recover,

1&2      RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next to the RF,  
3&4      RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next to the RF,  
5&6      RF step forward, weight back on LF, RF next to the LF,  
7&8      LF step backwards, weight back on RF, LF next to the RF,

## Section 4 - Rumba Box, Chasse , ¼ Turn Sailor Step

1&2      RF Step to the right - LF next to the RF - RF step forward,  
3&4      LF Step to the left - RF next to the left - LF step back,  
5&6      RF step to the right - LF next to the RF - RF step to the right,  
7&8      1/4 Left turn and LF cross behind RF - RF to the right/weight right - LF step before weight left

## Section 5 - Rumba Box, Chasse , ¼ Turn Sailor Step

1&2      RF Step to the right - LF next to the RF - RF step forward,  
3&4      LF Step to the left - RF next to the left - LF step back,  
5&6      RF step to the right - LF next to the RF - RF step to the right,  
7&8      1/4 Left turn and LF cross behind RF - RF to the right/weight right - LF step before weight left

**Tag : In the 2. wall after 40 counts / Restart at 06:00 o'clock**

## Section 6 - 2 x Locking Shuffle, Point forward (r), Point back (r), Point forward (r), Beside

1&2      RF step forward - LF crosses behind RF, RF step forward,  
3&4      LF step forward - RF crosses behind LF, LF step forward,  
5      RF tip at the front,  
6      RF tip at the back,  
7-8      RF tip at the front, turn RF next to LF,

## Section 7 - Side Rock, Cross (r), Side Rock, Cross (l), Side Rock, Cross (r), Side, Cross, Side, Cross

1&2      RF step to the right, weight back on LF, RF cross over LF,  
3&4      LF step to the left, weight back on RF, LF cross over RF,  
5&6      RF step to the right, weight back on LF, RF cross over LF,  
&7      LF step to the left, cross RF over LF,

&8 LF step to the left, cross RF over LF,

**Section 8 - Step Side, Together, Step back, Rumba Box back, Step  $\frac{3}{4}$  Turn**

1&2 LF step to the left, RF next to the LF, LF step back,  
3&4 RF step to the right, LF next to the RF, RF step back,  
5&6 LF step to the left, RF next to the LF, LF step forward,  
7&8 RF step forward with  $\frac{1}{4}$  turn to the left, Weight on LF, continue with  $\frac{1}{2}$  turn left, turn RF next to LF,

**Section 9 - Shuffle forward (l), Step  $\frac{3}{4}$  Turn (l), Step forward (l), Full Turn (l), Beside**

1&2 LF Step forward - RF next to the LF - LF step forward,  
3&4 RF step forward with  $\frac{1}{4}$  turn to the left, Weight on LF, continue with  $\frac{1}{2}$  turn left, turn RF next to LF,  
5 LF Step forward,  
6&7 RF Step forward with full turn left, weight on RF  
8 LF next to the RF,

**Tag 1: In the 2nd wall after 40 counts at 6:00 o'clock**

**Tag 2: At the end of the 4th wall on 6:00 o'clock**

**Restart: In the 2nd wall after the 1. Tag at 6:00 o'clock**

**Tag:**

**Rock forward, Recover, Shuffle back, Rock back, Recover, Shuffle forward, Together**

1-2 RF step forward, weight back on LF,  
3&4 RF Step backwards - LF next to RF - RF step backwards,  
5-6 LF step backwards, weight back on RF,  
7&8 LF Step forward - RF next to LF - LF step forward,  
& RF to LF

**Have fun dancing, and always smiling nicely.**

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