

She Is Gone

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Gone, Gone, Gone - Robert Mizzell



Sec.1: STEP SIDE R, SCUFF L, STEP SIDE L, SCUFF R, ROCK STEP R, BACK STEP R, COASTERSTEP L, STEP R AND SWIVEL TURN ½

1&2& step side R, scuff L, step side L, scuff R
3&4 rock step R fwd and step back R
5&6 step left back, step right beside left, step left fwd
7&8 step R fwd, swivel turn to the left for 1/2

Sec. 2: SAILOR TURN L 1/4, STEP LOCK STEP R L R, TURN 1/4 R SIDE L & CROSS R, WAVE TO R

1&2 cross L behind R - Open R to R & L to L
3&4 step right fwd, lock left behind right, step right fwd
5&6 turn right for a ¼ and step side with left and cross left over right
7&8& open side right, step left behind right, open side right and cross left over right

Sec. 3: DIAGONAL STEP FWD R, STOMP L, DIAGONAL BACK L, STOMP R, SHUFFLE BACK RLR, COASTER-STEP L, TURN 1/4 L STEP SIDE R, STOMP UP R

1&2& step diagonally with R and stomp up left beside right (weight on R), step R behind L, open side L, cross R over L
3&4 shuffle back right-left-right
5&6 step left back, step right beside left, step left fwd
7&8 step side turning for a ¼ to right and recover weight on left foot and stomp up with right

Sec. 4: RUMBA BOX R, RUMBA BOX L, COASTESTEP L, SHUFFLE FWD R, STOMP UP

1&2 step right to the right, step left next to right, step fwd with right.
3&4 step left to the left, step right next to left, step back with left
5&6 step left back, step right beside left, step left fwd
7&8& shuffle fwd left-right-left and stomp up with right

RESTART: on 3rd wall after 1st section
