

Lost in Love

拍数: 32 墙数: 4 级数: Improver
编舞者: Judy Rodgers (USA) - February 2021
音乐: Love Of My Life (2014 Close To Final Mix) - TobyMac : (Amazon.com)



Intro: after the 4 hard beats (2 restarts)

S1: Heel swivels to R and L with hold/clap

1-2 Move both heels to right side, move toes to right side
3-4 Move both heels to right side, hold/clap
5-6 Move both heels to left side, move toes to left side
7-8 Move both heels to left side, hold/clap

S2: Rock recover, sailor turn 1/4 R, rock recover shuffle turn 1/2 L

1-2 Rock R to right side, recover L
3&4 Turn 1/4 right step R behind L, step L to left side, step R to right side 3:00

***** Restart here on Wall 6

5-6 Rock L fwd, recover R
7&8 Turn 1/2 left shuffle fwd L R L 9:00

***** Restart here on Wall 2 (add & cnt - step R beside L to restart)

S3: Step point, cross turn 1/4 L, coaster step, walk walk

1-2 Step R fwd, point L to left side
3-4 Cross L over R, turn 1/4 left step R back 6:00
5&6 Step L back, step R beside L, step L fwd
7-8 Walk fwd R, L

S4: Cross turn 1/4 R, rock recover turn 1/2 L, rock recover, kick ball step

1-2 Cross R over L, turn 1/4 right step L back 9:00
3&4 Rock R back, recover L, turn 1/2 left step R back 3:00
5-6 Rock L back, recover R
7&8 Kick L fwd, step down ball of L, step R beside L