

Goyang Timor Pung Tradisi

拍数: 96 墙数: 1 级数: Phrased Improver
编舞者: Anna Bax (INA) & Ronald Litelnoni (INA) - February 2021
音乐: Goyang Timor Pung Tradisi - Olin Bessi : (TikTok Viral Timor Pung Tradisi)



Sequence : A - B - B - A (32 Counts) ReStart - B - B - A
Intro on Vocal after 14 count

PHRASED A

SECTION A1 : JUMP (R - L) - CROSS OVER (R - L)

1 & 2 Step R to side with jump, Close L beside R, R in place
3 & 4 Step L to side with jump, Close R beside L, L in place
5 & 6 Cross R over L, Recover on L, Step R beside L
7 & 8 Cross L over R, Recover on R, Step L beside R

SECTION A2 : SKATE (R - L) - DIAGONAL FWD

1 - 2 Step R diagonal up in pushing you body, Step L diagonal up in pushing you body
3 & 4 Step R diagonal forward, Close L beside R, Step R diagonal forward
5 - 6 Step L diagonal up in pushing you body, Step R diagonal up in pushing you body
7 & 8 Step L diagonal forward, Close R beside L, Step L diagonal forward

SECTION A3 : CROS OVER (R - L)

1 & 2 & Cross R over L, Recover on L, Step R beside L, Close together
3 & 4 Cross R over L, Recover on L, Step R beside L
5 & 6 & Cross L over R, Recover on R, Step L beside R, Close together
7 & 8 Cross L over R, Recover on R, Step L beside R

SECTION A4 : ANCHOR STEP (R - L - R - L)

1 & 2 Step R slightly behind L (3rd position), Recover on L, Recover on R
3 & 4 Step L slightly behind R (3rd position), Recover on R, Recover on L
5 & 6 Step R slightly behind L (3rd position), Recover on L, Recover on R
7 & 8 Step L slightly behind R (3rd position), Recover on R, Recover on L

SECTION A5 : LOCK FWD (R - L) - MAMBO SIDE (R - L)

1 & 2 Step R forward, Lock L behind R, Step R forward
3 & 4 Step L forward, Lock R behind L, Step L forward
5 & 6 Step R beside L, Recover on to L, Step R beside L
7 & 8 Step L beside R, Recover on to R, Step L beside R

SECTION A6 : JUMP

1 & 2 Step R to side with jump, Close L beside R, Step R to side
3 & 4 Turn ½ right to L side with jump, Close R beside L, Step L to side
5 & 6 Step R to side with jump, Close L beside R, Step R to side
7 & 8 Turn ½ right to L side with jump, Close R beside L, Step L to side

SECTION A7 : BOTAFOGO (R - L) - STEP BACK WITH TOUCH (R - L - R - L)

1 & 2 Cross R over L, Step L to L side, Step R in place
3 & 4 Cross L over R, Step R to R side, Step L in place
5 & 6 & Touch R over L, Step back on R behind L, Touch L over R, Step back on L behind R
7 & 8 & Touch R over L, Step back on R behind L, Touch L over R, Step back on L behind R

SECTION A8 : MAMBO (FWD - BACK) - PADDLE TURN WITH TOUCH

1 & 2 Step R forward, Recover onto L, Step R back behind L

- 3 & 4 Step L back, Recover onto R, Step L forward over R
 5 - 6 ¼ turn left R touch with pointed toe beside L (facing 12:00), ¼ turn left R touch with pointed toe beside L (facing 09:00)
 7 - 8 ¼ turn left R touch with pointed toe beside L (facing 06:00), ½ turn left with touch R beside L (facing 12:00)

PHRASED B

SECTION B1 : WALK (R - L) - OUT (R - L) - IN (R - L) - KNEE POPS

- 1 - 2 Step R forward, Step L forward
 & 3 & 4 Step R to R side, Step L to L side, Step R to center, Close L to R side
 5 & Pop knees out to R respective side, Bring knees bring to center
 5 & Pop knees out to L respective side, Bring knees bring to center
 7 & Pop knees out to R respective side, Bring knees bring to center
 8 & Pop knees out to L respective side, Bring knees bring to center (weight on LF)

SECTION B2 : COASTER STEP - ½ TURN R - ½ TURN L

- 1 & 2 Step back on R, Close together, Step R forward
 3 & 4 Step L forward, ½ turn R to R forward, Step L forward
 5 & 6 Step R forward, Lock L behind R, Step R forward
 7 & 8 ½ turn L to L forward, Lock R behind L, Step L forward

SECTION B3 : KICK BALL POINT (R - L) - ¼ TURN LEFT WITH R TOUCH POINT - KICK BALL POINT

- 1 & 2 Kick R forward, Step R beside L, Point L to R side
 3 & 4 Kick L forward, Step L beside R, Point R to L side
 5 - 6 ¼ turn left R touch with pointed toe beside L (facing 09:00), ¼ turn left R touch with pointed toe beside L (facing 06:00)
 7 & 8 Kick R forward, Step R beside L, Point L to R side

SECTION B4 : FWD WITH TOUCH BEHIND - ½ TURN R WITH SAILOR STEP - V STEP

- 1 & 2 Step L forward, Touch R behind L, Step back on R with sweep
 3 & 4 ½ turn left step L behind R with sweep , step R to side , step L forward
 5 - 6 Step R to R diagonal forward, Step L to L diagonal forward
 7 - 8 Step R back to center, Step L close to R

Thank you so much for like, subscribe and support...

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