

Next

拍数: 32 墙数: 4 级数: Improver
编舞者: Penny Tan (MY), Adeline Cheng (MY) & Shirley Bang (MY) - February 2021
音乐: Next - Ivy Queen



Intro: 16 count

SEC1:POINT , TOGETHER (R-L) , FWD ROCK , RECOVER, TOGETHER,CROSS,SIDE,CROSS SHUFFLE

1&2& Pont R toes to R , close RF next to LF , point L toes to L , close LF next to RF
3&4 Rock RF fwd, recover LF on L , step RF next to LF
5-6 Cross RF over LF , step LF to L
7&8 Cross RF over LF , step LF to L, cross RF over LF

SEC2:1/4 TURN L ,STATIONARY SAMBA WALKS,1/4 TURN L , BOTA FOGO,1/2 TURN R SAILOR STEP

1a2 ¼ turn L ,step LF next to RF, back rock RF behind LF , recover L on L
3a4 Step RF next to LF, back rock LF behind RF, recover R on R(9:00)
5a6 ¼ turn L,cross Lf over RF, step RF to R side, recover on L (6:00)
7&8 ½ turn R , crossing RF behind LF , step LF to L , step RF fwd (12:00)

SEC3:PIVOT ½ TURN R (2X) , ¾ TURN L traveling volta

1-2 Step LF fwd , ½ turn R , step RF fwd
3-4 Step LF fwd, ½ turn R ,step RF fwd
5a 1/4 turn L ,step LF fwd, RF behind LF(9:00)
6a ¼turn L step LF fwd,RF behind LF(6:00)
7a 1/4 turn L,step LF fwd,RF behind LF (3:00)
8 Step LF forward

SEC4:STEP SIDE WITH SWAYS,SAMBA WHISK,SIDE MAMBO

1-2 Step RF to R with sway ,step LF to L with sway
3&4 Sway R-L-R
5a6 Step LF to L , rock RF behind LF , recover LF on L
7&8 Step RF to R ,recover LF on L , touch RF next to LF

Happy dancing!

Contacts:

pennytanml@hotmail.com

shirleybsl@hotmail.com

adeline.nuline@gmail.com