My Kinda Folk

拍数: 32

级数: Beginner +

编舞者: Suzanne Wilson (USA) - February 2021

音乐: My Kinda Folk - Luke Combs

No Tags Or Restarts.

Music fades and then returns, you can stop the music or keep dancing and it will come back on beat.

[1-8] ROCK AND CROSS RIGHT, HOLD, ROCK AND CROSS LEFT, HOLD

- 1-2 Rock R to right, recover L in place
- 3-4 Cross step R over L, hold
- 5-6 Rock L to left, recover R in place
- 7-8 Cross step L over R, hold (12:00)

[9-16] ROCKING CHAIR, 2 STEP HALF TURNS

- 1-2 Rock R forward, recover left in place
- 3-4 Rock R back, recover left in place
- 5-6 Step R fwd, turn ½ turn L and step L
- 7-8 Step R fwd, turn ½ turn L and step L (12:00)

[17-24] SIDE TOUCH, SIDE TOUCH, 2 STEPS RIGHT

- 1-2 Step R to right, touch L next to R
- 3-4 Step L to left, touch R next to L
- 5-6 Step R to right, step L next to R
- 7-8 Step R to right, touch L next to R (12:00)

[25-32] SIDE TOUCH, SIDE TOUCH, ¼ LEFT STEP TOGETHER STEP, HOLD

- 1-2 Step L to left, touch R next to L
- 3-4 Step R to right, touch L next to R
- 5-6 Turn ¼ left and step L forward, step R next to L
- 7-8 Step L forward, hold (9:00)





墙数:4