Be a Light! (Born to Shine)



拍数: 64

墙数:4

级数: Improver / Intermediate

编舞者: Aisha Phillips (USA) & Colleen Axelrod (USA) - 7 January 2021

音乐: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) - Thomas Rhett

Introduction: 16 count.

[1-16] (A): SHUFFLE, SHUFFLE, ROCK, RECOVER, SHUFFLE BACK, 1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, ROCK BACK, RECOVER, SHUFFLE FORWARD

- 1 & 2 Shuffle forward right (right, left, right)
- 3 & 4 Shuffle forward left (left, right, left)
- 5 6 Rock forward right, step back left
- 7 & 8 Back shuffle right (right, left, right)
- 1 & 2 Turning shuffle back left (left, right, left)
- 3 & 4 Shuffle back right (right, left, right, counterclockwise over left shoulder)
- 5 6 Rock back left, step forward right
- 7 & 8 Shuffle left (left, right, left)

[17- 32] & [49-64] (B): CROSS ROCK, SHUFFLE, CROSS ROCK, SHUFFLE, PADDLE TURN, JAZZ BOX

- 1 2 Cross rock right over left, recover right
- 3 & 4 Triple to the right (right, left, right)
- 5 6 Cross left over right, recover left
- 7 & 8 Triple to the left (left, right, left)
- 1,2,3,4 Two 1/8 paddle turns left to new wall (weight left, slight turn left using right foot to paddle twice)
- 5,6,7,8 Jazz box (cross R over L, step L slightly left and back, step R to side, step L next to right, L takes weight)

[33-48] (C - Chorus): GRAPEVINE, SHUFFLE, HALF PIVOT, HALF PIVOT, SHUFFLE, GRAPEVINE, HALF PIVOT, HALF PIVOT

- 1 2 Grapevine right (right to side, left to right behind right)
- 3 & 4 Shuffle right (right, left, right), shoulder turned facing right-hand wall.
- 5, 6 Two Half Turn Pivots to the right (R weight, Left pivots around right x 2), immediately into count 7 & 8
- 7 & 8 Shuffle left (left, right left)
- 1,2,3,4 Grapevine left (place weight on left, right in front of left, left to side, right behind left, left step)
- 5,6,7,8 Two slow 1/2 pivots to the left, keep weight left (right pivots around left).

Sequence: A, B, C, B, (Tag #1), A, B, C, B, A, B, (Restart), A, B, (Tag #2), C, B, B. Finish to the front wall.

*1st Tag: Wall #2/6:00 - two 1/2 pivots (counterclockwise) plus a 1/4 pivot and pause (7-8).

Restart: Wall #3 - 24 counts in (A, B), facing 6:00 (Wall 4), restart Dance instead of Chorus.

Styling: Restart Wall, Thomas Rhett and Reba sing - "slow down" - hands go down as if to slow down." "You get one go around," point left hand in #1 hand sign toward audience, left hand draws in toward chest and then points to straight up to sky when dancer rocks back, and returns to side on shuffle L forward.

**2nd Tag: Wall #4 - End of Part B - last 4 counts, as Reba sings "Slow it down," instead of paddle turns, do a full turn + 1/4 turn counterclockwise with right toe touch over left to face 12:00 and continue dance with Part C/Chorus facing 12:00 (Audience).

Finish: Rhett sings solo, repeat Part B ends facing 6:00 and toe turn 1/2 turn to face 12:00 and raise hands to "Be a Light!"

