

# Banana

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Sri Andayani (INA) - February 2021  
音乐: Banana (feat. Shaggy) (DJ Fle - Minisiren Remix) - Conkarah



## Intro - 16 count

### I Shuffle diagonal forward (R) - (L), Mambo cross (R)

1 & 2      step R diagonal forward, step L next to R, Step R forward  
3 & 4      step L diagonal forward, step R next to L, step L forward  
5 & 6      Step R to side, cross R forward over L step R to side  
7 & 8      Step R to side , cross R forward over L, step R to side

### II Chasse (R) - (L), sailor - turn ¼ kick ball touch

1 & 2      step R to side, step L next to R , step R to side  
3 & 4      step L to side , step R next to L , step L to side  
5 & 6      cross L behind R, step R to side L, step L to side  
7 & 8      Turn ¼ (09.00) kick R forward, step R in place

### III Shuffle Forward (R) - (L) , touch side, knee pop, touch side point twist

1 & 2      step R forward, step L next to R, step R forward  
3 & 4      step L forward, step R next to L, step L forward  
5 & 6      step touch R to side, knee pop, step touch R to side  
7 & 8      hip twist, twist, twist

### IV Touch heel, forward pivot ½ turn left, touch side turn ¼ to left 2X

1 2      touch heel 2x  
3 4      step R forward, ½ turn left stepping L in place (03.00)  
5 6      Step touch to side R, ¼ turn left, stepping L in place (12.00) , Step touch to side R,¼ turn left,  
stepping L in place (09.00)  
7 8      step touch to side R , Step R beside L (Together)

No Restart.....No Tags  
N'joy Dance And Always Happy

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