

Bam Bam LoveBomb

COPPERKNOB
BYEPOSTETS

拍数: 40 墙数: 1 级数: Phrased Beginner +
编舞者: Mark Treacy (USA) - January 2021
音乐: Bam Bam - Sister Nancy



Shake Finger when Sister Nancy sings "...one thing Nancy can't understand"

Count In: Starts after second verse of "...it's from Creation" (:35)

Bam Bam Bridge, 16 Counts, Jump Up and Jump Quarter Turns - Spiraling Circle

1-4 Jump Up R L (12 o'clock), Jump R L Quarter Turn Right (3 o'clock)

5-8 Jump Up R L (3 o'clock), Jump R L Quarter Turn Right (6 o'clock)

1-4 Jump Up R L (6 o'clock), Jump R L Quarter Turn Right (9 o'clock)

5-8 Jump Up R L (9 o'clock), Jump R L Quarter Turn Right (12 o'clock)

Part 1: 24 Counts, Jazz Step Skank, Syncopated Skate Up & Hip Rolls, Back Taps

1-3&4,5-7&8 Jazz Step Skank R L R L R and L R L R L

1&2&3&4& Syncopated Skate Up R L, L R, R L, L R

5&6&7&8& Syncopated Hip Rolls (Make it your own)

1-8 Roll Back R, tap L, Roll Back L, tap R, Roll Back R, tap L, Roll Back L, Tap R

Repeat Bam Bam Bridge, Part 1

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EOD (End Of Dance)