

Down To One

拍数: 48
编舞者: Erika Borrelli (IT) - February 2021
音乐: Down to One - Luke Bryan

级数: Phrased Improver



PHRASED: A-B-B-A-A-B-B-A-A(16counts)B-B-A-A-FINAL

PART A

1) R STEP FWD - L STEP FWD - R KICK BALL POINT - L TOUCH NEXT TO RIGHT - L TOUCH TO LEFT - L SAILOR STEP ¼ TURN LEFT

1-2 Right step fwd, left step fwd
3&4 Right kick fwd, close right next to left, left touch to left side
5-6 Left touch next to right, left touch to left side
7&8 cross left behind right, close right next to left ¼ turn left, left step fwd

2) R STEP FWD - L STEP FWD - R MAMBO STEP - L STEP BACK - R STEP BACK - L SAILOR STEP ¼ TURN LEFT

1-2 Right step fwd, left step fwd
3&4 Right step fwd, recover to left, right step back
5-6 Left step back, right step back
7&8 Cross left behind right, close right next to left ¼ turn left left step fwd

(restart here on the 9th wall)

3) R TOUCH TO RIGHT/R TOUCH NEXT TO LEFT/R TOUCH TO RIGHT - CROSS/SIDE/CROSS - L TOUCH TO LEFT/L TOUCH NEXT TO RIGHT - CROSS/SIDE/CROSS

1&2 Right touch to right side, touch right next to left, right touch to right side
3&4 Cross right behind left, left step to left side , cross right over left
5&6 Left touch to left side, touch left next to right, left touch to left side
7&8 Cross left behind right, right step to right side, cross left over right

4) R KICK BALL POINT- L KICK BALL POINT - R STEP TURN ½ TURN LEFT (X2)

1&2 Right kick fwd, close right next to left, left touch to left side
3&4 Left kick fwd, close left next to right, right touch to right side
5-6 Right step fwd, ½ turn left
7-8 Repeat 5-6

PART B

1) R STOMP FWD - ¼ TURN LEFT - ¼ TURN RIGHT - R KICK FWD - R SHUFFLE BACK - L COASTER STEP

1-2 Right stomp fwd - ¼ turn left
3-4 ¼ turn right - R kick fwd
5&6 R Step back, close left next to right, R step back
7&8 L step back, close right next to left, left step fwd

2) TOE/HEEL/STOMP (X2) - PADDLE TURN ½ TURN LEFT

1&2 Touch right toe next to left, right scuff fwd, right stomp fwd
3&4 Touch left toe next to right, left scuff fwd, left stomp fwd
&5&6&7&8 hitch right knee next to left knee 1/8 turn left, touch right to right side (X4)

FINAL

PART A - All the Part A is danced except the first 4 counts of
SEQ. 4 - after step turns, kneel with the left leg and touch the hat with the right hand

Last Update - 11 Feb. 2021
