Tallahassee Lassie



编舞者: HP Low (UK) & Babs Low (UK) - February 2021

音乐: Tallahassee Lassie - Mud



(intro 8 cts, start on vocals)

Section 1 - Kick kick triple step x 2

1-2 Kick R ft fwd, kick R ft fwd

3&4 Step on R, Step L next to R, Step on R

5-6 Kick L ft fwd, kick L ft fwd

7&8 Step on L, Step R next to L, Step on L

Section 2 - Lock Steps fwd with HOLDS x 2

1-2 Step R fwd, step L behind R

3-4 Step R fwd, HOLD

5-6 Step L fwd, step R behind L

7-8 Step L fwd, HOLD

Section 3 - Toe heel x 2, step back diagonally and touch (x 2)

1-2 Touch R toe, touch R heel3-4 Touch R toe, touch R heel

5-6 Step R ft diagonally back, touch L ft7-8 Step L ft diagonally back, touch R ft

Section 4 - Vine to R, Vine to L with 1/4 L turn and touch

1-2 Step R to R, step L behind R
3-4 Step R to R, touch L next to R
5-6 Step L to L, Step R behind L

7-8 Step L ¼ turn to L, touch R ft next to L ft 9.00

Option (you can do a rolling vine instead for steps 5-8)

Section 5 - K steps with 1/4 L turn

1-2 Step R ft diagonally fwd, touch L ft next to R
3-4 Step L ft diagonally back, Touch R next to L
5-6 Step R ft diagonally back, touch L ft next to R

7-8 Step L ¼ turn to 6.00, step R next to L (weight on both ft)

Section 6 - Toe/Heel Swivels x4, Jazz box

1-2 Twist both toes to R, Twist both heels to R

3-4 Twist both toes to R, Twist both heels to R (wt on L)

5-6 Cross R ft over L, step L back7-8 Step R next to L, Step L next to R

Start again

Restart on Wall 4, dance sections 1-4, Do not turn ¼ after the L vine, Restart at 6.00

Last Update - 14 Feb. 2021