

7 Summers Ago

拍数: 32 墙数: 4 级数: Improver
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音乐: 7 Summers - Morgan Wallen



Intro: 32 counts

***Side, Together, Shuffle forward, Step ¼ turn, Cross Shuffle**

1-2 Stepping R to R side, Step L together,
3&4 Step R fwd, Step L together, Step R fwd
5-6 Step L Fwd, ¼ turn to R 03 :00
7&8 Cross L over R, Step R to R side, Cross L over R

Restart here on wall 4 : 06:00

***Side, Behind, ¼, Step, Pivot ½, ¼, Behind, ¼ (Figure 8)**

1-2 Stepping R to R side, Step L behind R
3-4 ¼ turn R to R, Stepping Left Fwd 06 :00
5 ½ pivot R 12:00
6 ¼ R Stepping L to L side 03 :00
7-8 Step R behind L, ¼ L Stepping forward on L 12:00

***Step 1/4 turn, Cross shuffle, side , Together, Side Shuffle**

1-2 Step R forward, ¼ turn to L 09 :00
3&4 Cross R over L, Step L to L side, Cross R over L
5-6 Stepping L to L side, Step R together
7&8 Stepping L to L side, Step R together, Stepping L to L side

Restart here on wall 7 : 09 :00

***Cross Rockstep, ¼ turn Shuffle, Step ½ turn, ¼ turn, Touch**

1-2 Cross rock R over L, Recover on L
3&4 ¼ turn R to R, Step L together, Stepping forward on R 12 :00
5-6 Stepping forward on L, ½ pivot R 06 :00
7-8 ¼ R big step L to L side, Touch R next L 09 :00

Last Update - 16 Feb. 2021