

Samba Me

拍数: 32 墙数: 2 级数: Intermediate / Advanced
编舞者: Jim PAVADÉ (FR) - January 2021
音乐: Banana (feat. Shaggy) (DJ Fle - Minisiren Remix) - Conkarah



Start of the dance resting on the right foot

****2 Restarts: on walls 3 and 8**

[1 - 8] Hitch-Cross-Side-Cross, Hitch- Behind-Side-Point, Batucada on R/L/R/L

- & 1 a 2 Raise L Knee, Cross LF over RF (01h30), Place RF to right, Cross LF over RF (10h30)
- & 3 a 4 Raise R Knee, Cross RF behind LF (01h30), Place LF to left, Point RF close to LF (12h00)
- 5 a Place RF behind LF (5), Point LF with a hip action (a)
- 6 a Place LF behind RF (6), Point RF with a hip action (a)
- 7 a Place RF behind LF (7), Point LF with a hip action (a)
- 8 a Place LF behind RF (8), Point RF with a hip action (a)

[9 - 16] Stationary Samba Step with 1/4 Turn to Left, Stationary Samba Step with 1/2 Turn to Right, Circular Volta Turn to Right

- 1 Bring RF slightly back next to LF (12h00)
- a 1/4 turn left while partially shifting your body weight to the point of LF (09h00)
- 2 Slide the RF slightly backward, weight on RF (pelvis tilt)
- 3 Making a 1/4 turn right, bring LF slightly back next to RF (12h00)
- a 1/4 turn right while partially shifting your body weight to the point of RF (03h00)
- 4 Slide the LF slightly backward, weight on LF (pelvis tilt)
- 5 Cross RF over LF with 1/4 turn right (06h00)
- a 6 Ball step on LF to left (a), Cross RF over LF with 3/8 turn right (6)
- a 7 Ball step on LF to left (a), Cross RF over LF with 3/8 turn right (7)
- a 8 Ball step on LF to left (a), Cross RF over LF with 1/4 turn right (8)

RESTART on wall 3 and 8

[17 - 24] Botafogo L/R/L, Botafogo R/L/R, Circular Volta Turn to Left

- 1 Place LF forward on the diagonal (07h30)
- a Point with partial RF support
- 2 Transfer your body weight on LF (04h30)
- 3 Place RF forward on the diagonal (04h30)
- a Point with partial LF support
- 4 Transfer your body weight on RF (04h30)
- 5 Cross LF over RF with 1/8 turn left (06h00),
- a 6 Ball step on RF to right (a), Cross LF over RF with 3/8 turn left (6)
- a 7 Ball step on RF to right (a), Cross LF over RF with 3/8 turn left (7)
- a 8 Ball step on RF to right (a), Cross LF over RF with 1/4 turn left (8)

[25 - 32] Syncopated Weave Left ending with point, Syncopated Weave Right ending with point (06h00)

- 1 Cross the ball of the RF over LF
- a Place the ball of the LF to left (small step)
- 2 Cross the ball of the RF behind LF
- a Place the ball of the LF to left (small step)
- 3 Cross the ball of the RF over LF
- a Place LF to left (small step)
- 4 Point RF to right
- & Step back RF
- 5 Cross the ball of the LF over RF

- a Place the ball of the RF to right (small step)
- 6 Cross the ball of the LF over RF
- 0a Place the ball of the RF to right (small step)
- 7 Cross the ball of the LF over RF
- a Place RF to right (small step)
- 8 Point LF to left

Enjoy
