

Bailando Por La Vida

COPPER **KNOB**
BY STEPHEN

拍数: 128 墙数: 1 级数: Phrased Intermediate
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音乐: Que Viva la Vida - Belle Perez



Intro : 28 counts (on lyric.... hoy)

Phrased - A - 48 counts B - 48 Counts C - 32 counts

Sequence : A - B - TAG - A - B (32 Counts) - C - B (start on section 3 and 2 X for section 5 & 6) - B (32 counts) - B (32 counts) . Ending B (4 counts)

A 48 counts

Section 1 - SIDE CLOSE - SHUFFLE - CROSS ROCK - SAILOR ¼ TURN

1 - 2 Step R to right side, step L beside R
3 & 4 Step R to right side, L beside R, step R to right side
5 - 6 Step L cross over R, Recover on R
7 & 8 Turn ¼ left sweep L behind R, Step R beside L, Step L forward (09.00)

Section 2 - DIAGONAL LOCK SHUFFLE - MAMBO STEP

1 & 2 Step R diagonal forward, Step L lock behind R, Step R diagonal forward
3 & 4 Step L diagonal forward, Step R lock behind L, Step L diagonal forward
5 & 6 Step R forward, L in place, Step R beside L
7 & 8 Step L backward, R in place, Step L beside R

Section 3 - VOLTA 1/2 TURN R - VOLTA 3/4 TURN L

1a2a 1/8 turn right step forward on R (10.30), Step L beside R, 1/8 turn right step forward on R (12.00), Step L beside R ,
3a4 1/8 turn right step forward on R (01.30), Step L beside R, 1/8 turn right step R slightly forward
5a6a ¼ turn left step forward on L (12.00), Step R beside L, ¼ turn left step forward on L (09.00), Step R beside L
7a8 1/8 turn left step forward on L (07.30), Step R beside L, 1/8 turn left step L to left side (06.00)

Section 4 - BOTAVOGO - ROCKING CHAIR

1 a 2 Step R cross over L, Tap L to L side (ball of L), R in Place
3 a 4 Step L cross over R , Tap R to right side (ball of R) , L in Place
5 - 6 Step R Forward , Recover on L
7 - 8 Step R backward , Recover on L

Section 5 - SIDE - BACK CROSS - SIDE - BACK FLICK (R-L)

1 - 2 Step R to right side , Step L back cross R
3 - 4 Step R to right side , L knee up cross behind R
5 - 6 Step L to left side , Step R back cross L
7 - 8 Step L to left side , R knee up cross behind L

Section 6 - JAZZ BOX ¼ TURN (2X)

1 - 2 Step R cross over L , ¼ turn right step back on L (09.00)
3 - 4 Step R to side , Step L forward
5 - 6 Step R cross Over L , ¼ turn right step back on L (12.00)
7 - 8 Step R to side , step L forward

B (48 counts)

SECTION 1 - 1. ROLLING VINE (R-L) WITH DOUBLE CLAPS

- 1 - 2 ¼ turn right step forward on R, ½ turn right step back on L
3 & 4 ¼ turn right step R to right side, Point L to left side with double claps
5 - 6 ¼ turn left step forward on L, ½ turn left step back on R
7 & 8 ¼ turn L step L to left side, Point R to right side with double claps

Section 2 - SIDE - TOUCH CROSS BEHIND (2X) R L

- 1 - 2 Step R to right side, touch cross L behind R
3 - 4 Step L to side, Touch cross R behind L
5 - 6 Step R to right side, Touch cross L behind R
7 - 8 Step L to left side, Touch cross R behind L

Section 3 - LOCK SHUFFLE FORWARD (4x)

- 1 & 2 Step R forward, Step lock L behind R, Step R forward
3 & 4 Step L forward, Step lock R behind L, step L forward
5 & 6 Step R forward, Step lock L behind R, Step R forward
7 & 8 Step L forward, Step lock R behind L, Step L forward

Section 4 - DIAGONAL BACK LOCK SHUFFLE

- 1 & 2 Step R back diagonal, Cross L in front of R, Step R back diagonal
3 & 4 Step L back diagonal, Cross R in front of L, Step L back diagonal
5 - 8 Step R to right side, hip roll from left clock wise (2 counts) , Touch R beside L

Section 5 - TAP - BACK PADDLE TURN R

- 1 - 2 Tap R diagonal with hip, Step R beside L :
3 - 4 Tap L diagonal with hip, Step L beside R
5 & 6 & ¼ turn right tap R to side (03.00) , recover on L, ¼ turn right tap R to side (06.00), Recover on L
7 & 8 ¼ turn right tap R to side (09.00), Recover on L, ¼ turn right step R Beside L (12.00)

Section 6 - TAP - BACK PADDLE TURN L

- 1 - 2 Tap L diagonal with hip, Step L beside R
1 - 4 Tap R diagonal with hip, Step R beside L
5 & 6 & 1/4 turn left tap L to side (09,00), recover on R , 1/4 turn left tap L to side (06.00), Recover on R
7 & 8 1/4 turn left tap L to side (03.00), recover on R,, ¼ turn left step L beside R

C (32 counts)

Section 1 - MAMBO STEP

- 1 & 2 Step R forward, recover on L, Step R beside L
3 & 4 Step L backward, Recover on R, Step L beside R
5 & 6 Step R to right side, Recover on L, step R beside L
7 & 8 Step L to left side, recover on R, Step L beside R

Section 2 - SALSA CUMBIA

- 1 & 2 ¼ turn right Step back on R, Recover on L, ¼ turn left step R to right side ,
3 & 4 ¼ turn left step back on L, Recover on R, ¼ turn right step L to left side
5 & 6 ¼ turn right step back on R, Recover on L, ¼ turn left step R to right side
7 & 8 ¼ turn left step back on L, Recover on R, ¼ turn right step L to left side

Section 3 - ¾ DIAMOND FALLAWAY HITCH

- 1 & 2 & Step R cross over L, 1/8 turn right step L backward (01.30), Step R Backward, L knee up
3 & 4 Step L backward, 1/8 turn right step R to right side (03.00) 1/8 turn right step L forward (04.30)

- 5 & 6 & Step R forward, 1/8 turn right step L to left side (06.00), 1/8 turn right step R backward (07.30), L knee up
- 7 & 8 Step L backward, 1/8 turn right step R to right side (09.00) ¼ turn right step L forward (12.00)

Section 4 - MAMBO STEP

- 1 & 2 Step R to right side, Recover on L, Step R beside L
- 3 & 4 Step L to left side, Recover on R, Step L beside R
- 5 & 6 Step R to right side, Recover on L, Step R beside L
- 7 & 8 Step L to left side, Recover on R, Step L beside R

TAG

HIP ROLL CLOCK WISE (4 Counts)

Last Update - 6 Feb 2021
