

# Shiftless

拍数: 56      墙数: 2      级数: Low Intermediate  
编舞者: Jim Ray (USA) - January 2021  
音乐: Shiftwork (feat. George Strait) - Kenny Chesney



## Hold 32 Start

### FORWARD ROCK STEP, SHUFFLE BACK, ROCK STEP BACK, SHUFFLE FORWARD

1,2      Rock Right Forward, Shift Wt. Back To Left  
3&4      Shuffle Back Right, Left, Right  
5,6      Rock Left Back, Shift Wt. Forward To Right  
7&8      Shuffle Forward Left, Right, Left

### STEP RIGHT FORWARD, TURN A 1/4 LEFT, STEP RIGHT FORWARD TURN A 1/4 LEFT, STEP FORWARD RIGHT, LEFT, RIGHT, TOUCH LEFT TOGETHER

1,4      Step Right Forward Turn A 1/4 Left, Step Right Forward, Turn 1/4 Left  
5,8      Step Right Forward, Step Left Forward, Step Right Forward, Touch Left Together

### LEFT GRAPEVINE WITH A TURN 1/2 LEFT, BRUSH RIGHT, BOX STEP

1,4      Step Left, Cross Right Behind, Step Left Side Turning 1/2 Left And Brush Right Forward  
5,6,7,8      Cross Right Over Left, Step Left Back, Step Right, Step Left Together

### ROCK STEP, COASTER STEP, ROCK STEP COASTER STEP

1,2      Step Right Foot Forward, Shift Wt. Back To Left  
3&4      Coaster Step, Step Right Back, Step Left Together, Step Right Forward  
5,6,      Step Left Foot Forward, Shift Wt. Back To Right  
7&8      Coaster Step, Step Left Back, Step Right Together, Step Left Forward

### HIP BUMPS , 2 RIGHT, 2 LEFT, RIGHT, LEFT, RIGHT, LEFT

1,2,3,4      Hip Bumps 2 To Right, Hip Bumps 2 To Left  
5,6,7,8      Hip Bumps, Hips Right, Left, Right, Left

### MONTEREY TURNS, 2 TIMES SECOND ONE ENDS WITH A TAP

1,2      Touch Right Toe To Right Side, Turn A 1/2 Turn Right And Step Right Together  
3,4      Touch Left Toe To Left Side, Step Left Together  
5,6      Touch Right Toe To Right Side, Turn A 1/2 Turn Right And Step Right Together  
7,8      Touch Left Toe To Left Side, Tap Left Together

### LEFT GRAPEVINE WITH A 1/2 TURN LEFT, AND BRUSH RIGHT FORWARD, JAZZ BOX

1,2      Step Left To The Left Side, Cross Right Behind Left  
3,4      Step Left To The Left Side Turning A 1/2 Left And Brush Right Forward  
5,6,7,8      Cross Right Over Left, Step Left Back, Step Right To Right, Step Left Together

( START OVER )

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