

Tearless

拍数: 32 墙数: 2 级数: Improver
编舞者: Gemma Ridyard (UK) & Lyn Ridyard (UK) - January 2021
音乐: No Time For Tears - Nathan Dawe & Little Mix



No Tags or Restarts

Intro: 16 Counts from the start of the track.

L Side Rock, L Cross Shuffle, Syncopated Weave, Point R.

1,2 Rock LF to L Side, Replace Weight To RF
3&4 Cross LF Over RF, Step RF To R Side, Cross LF Over RF
5,6& Step RF To R, Cross L Behind R, Step RF To R
7,8 Cross L over R, Point R to R Side

(&) L Point, Hold, & R Point, hold, Close, Monterey 1/2 turn R, & R Forward Rock,

&1,2 Close RF Next LF, Point L To L Hold,
&3,4 Close LF Next RF, Point R To R Hold,
&5,6 Close RF To LF As You Make 1/2 Turn Over R shoulder, Point L Toe To L, Hold
&7,8 Close LF Next To RF, Rock RF Forward, Replace Weight To LF
7,8 Walk RF Back, Walk LF Back

2x Walks Back RL, Toe Reverse 1/2 R, Step L to L, Hold, Behind Side Cross,

1,2 Walk RF Back, Walk LF Back
3,4 Touch R Toe Back, Unwind 1/2 turn R Transfer Weight to RF
5,6 Step LF To L Side, Hold
7&8 Cross RF Behind L, Step LF To L Side, Cross RF Over LF

Step Touch Behind, 1/4, 1/4, Behind Side Cross, Point Hitch

1,2 Step LF To L Side, Touch RF Behind L As You Look R.
3,4 Make a 1/4 Turn R Step R Forward, Make A 1/4 Turn R As You Step L To L
5&6 Cross RF Behind Left, Step L to L, Cross R Over L
7,8 Point L To L, Hitch L Knee

Happy Dancing :)

Last Update - 29 Jan. 2021