Ain't a Secret



拍数: 16 墙数: 4 级数: High Beginner

编舞者: Michelle Wright (USA) - January 2021

音乐: Speechless - Dan + Shay



Dance starts on lyrics

Section 1: R Nightclub basic, Sway L&R, L Nightclub basic, Sway R&L

Step R to R side as you drag L to R, Step behind R, Recover weight on R
Step L to left side as you Sway hips to L, Sway hips to R (weight on R)
Step L to L side as you drag R to L, Step R behind L, recover weight on L

7,8 Step R to R side as you Sway to R, Sway hips L (weight on L)

Restart here on wall 6

Section 2: Syncopated R&L Step lock steps with scuffs, 1/4 turning cross, back, side, cross, weave

Step R forward, Cross L behind R, Step R forward, scuff L
 Step L forward, Cross R behind L, Step L forward, scuff R

Restart here on wall 8 changing scuff to touch

5&6& Cross R over L, 1/8 turn stepping back L, 1/8 turn stepping R to R side, cross L over R

Restart here on wall 1

7&8& Step R to R side, cross L behind R, Step R to R side, Cross L over R

End of dance!

Any Questions email Michellelinedance@gmail.com

Please do not change choreography without permission from choreographer