Always Be Your Friend



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Manuela Gustavsson (SWE) - January 2021 音乐: Right Here (feat. Mark Forster) - Tosi Udayana



Intro 8 counts - start on vocals

Note: 4 count tag after wall 2 and after wall 4

Ending in wall 6, section 1, count 5 6: step LF back (5), drag RF in front of LF (6) facing front wall

Section 1 (1-8): Rock back, recover, lockstep turn ½ L, side ¼ L, point, triple full turn

| | • | • | | - | • | • | • • | |
|-----|---|--------|-----------|----------|--------|---|-----|--|
| 1 2 | | Rock R | F back, r | ecover c | nto LF | | | |
| | | | | | | | | |

3 & 4 Turn ¼ L step RF to R side, cross LF over RF, turn ¼ L step RF back (6:00)

5 6 Turn ¼ L step LF to L side, point RF to R side (3:00)

7 & 8 Turn ¼ R step RF fwd, turn ½ R step LF back, turn ¼ R step RF to R side

Section 2 (9-16): Cross shuffle, side rock, recover, sailor 1/4 R, 2 heel bumps 1/2 L

| 1 & 2 | Cross I E avar DE | DE to Disido | . cross LF over RF |
|-------|-------------------|--------------|--------------------|
| IXZ | CIUSS LI UVEI NI | . In to hade | . CIUSS LI UVEI NI |

3 4 RF to R side, recover onto LF

5 & 6 Make a ¼ turn R and cross RF behind LF, step LF to L side, step RF fwd (6:00)

7 8 Two heel bumps bouncing ½ L, weight on RF (12:00)

Section 3 (17-24): Rock back, recover, lockstep fwd, mambo cross, mambo cross

| 1 2 | Step LF back. | recover | onto RF |
|-----|---------------|---------|-----------|
| 1 4 | OLGD LI DAGN. | | OHILO IXI |

3 & 4 Step LF fwd, step RF behind LF, step RF fwd

5 & 6Rock RF to R side, recover onto LF, cross RF over LF (travelling fwd)7 & 8Rock LF to L side, recover onto RF, cross LF over RF (travelling fwd)

Section 4 (25-32): Side, together, chasse R, spiral turn 34, rock back, recover

1 2 Step RF to R side, step LF next to to RF

3 & 4 Step RF to R side, step LF next to RF, step RF to R side Cross LF over RF, unwind ¾ R (weight on LF) (9:00)

7 8 Rock RF back, recover onto LF

Section 5 (33-40): Prizzy Walks, Dorothy step diagonal R, Dorothy step diagonal L, cross, back

| 12 | Step RF forward slightly crossing LF, Step LF forward slightly crossing RF |
|-------|--|
| 3 4 & | Step RF fwd to R diagonal, lock LF behind RF, step RF fwd (10:30) |

5 6 & Step LF fwd to L diagonal, lock RF behind LF, step LF fwd (7:30)

7 8 Cross RF over LF, step LF back

Section 6 (41-48): Chasse R, ½ turn L chasse L, sailor step ¼ R, step, drag

| 1 & 2 | Step RF to R side, step LF | - next to RF, step RF to R side |
|-------|----------------------------|---------------------------------|
|-------|----------------------------|---------------------------------|

| 3 & 4 | Make ½ turn L stepping LF to L side (3:00), step RF next to LF, step LF to L side |
|-------|---|
| 5 & 6 | Make a ¼ turn R and cross RF behind LF (6:00) step LF to L side, step RF fwd |

7 8 Long step to L with LF, drag RF next to LF (weight on LF)

Start again!

Tag: Monterey ½ R

Point RF to R side, make a ½ turn R, step RF next to LF Point LF to L side, step LF next to RF (weight on LF)

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