

80's Baby

COPPERKNOB
BY STEPHEN

拍数: 112 墙数: 1 级数: Phrased Advanced
编舞者: Tim Johnson (UK) & Debbie Rushton (UK) - July 2020
音乐: 80s Baby (feat. Salt-N-Pepa, Naughty By Nature, Tiffany & Debbie Gibson) - New Kids on the Block



Count In: Dance begins after 48 counts

Notes: A,B,C,D,D,A,C,A,B,C,A

(A) 1-8: Walk R, L, ¼ rock and cross, ¼, ¼, L cross and heel

1 - 2 Walk forward R (1), Walk forward L (2)
3&4 Making a ¼ turn to the left rock R to right side (3), recover weight L (&), cross R over L (4)
5 - 6 Making a ¼ turn to the right step back on L (5), making a ¼ turn to the right step R to right side (6)
7&8 Cross L over R (7), Step R to R (&), Touch L heel to left side (8)

(A) 9-16: & Cross & Cross, ¼, 1/2, L Coaster Step, Run R,L,R

&1&2 Step L next to R (&) cross R over L (1) step L to L side (&) cross R over L (2)
3 - 4 Making a ¼ turn to the left step forward L (3) making a ½ turn to the left step back R (4)
5&6 Step back on L (5), Step R next to L (&), Step L forward (6)
7&8 Run forward: R (7), L (&), R (8)

(A) 17-24: L rock & cross, R hitch & sit, & cross side, ¼ sailor

1&2 Rock L out to left side (1) step R next to L (&) cross L over R (2)
3&4 Hitch up R knee (3) step right to R side (&) sit weight on to R hip (4)
&5 - 6 Step L next to R (&) cross R over L (5) step L to left side (6)
7&8 Step R behind L (7) making a ¼ turn to the right stepping L to left side (&) recover weight on to R (8)

(A) 25-32: L kick & touch, ½ turn heel swivels, L point 1/4 , cross rock point

1&2 Kick L forward (1) Step L next to R (&) step R forward (2)
3&4 Making a ¼ to the left twist heels to the right (3) return heels to centre (&) making a ¼ to the left twist heels to the right (4) *you should now be facing 3 o'clock*
5 - 6 Touch L back (5) taking weight on to L, make a ¼ turn to the left (6)
7&8 Cross rock R over L (7) recover on L (&) point R to right side, weight stays on L (8)

(B) 1-8: Jazz box ¼, Kick & rock & slide, touch

1-2 Cross R over L (1), 1/4 R Step L back (2)
3-4 Step R to R (3), Cross L over R (4)
5&6& Kick R to right side (5) step down on R (&) rock L behind R (6) recover weight to R (&)
7-8 Making an 1/8 of a turn left, step L to left side and drag R up to L (7) touch R next to L (8)
*you should be facing 10:30

(B) 9-16: slide, touch, knee pops, slide, touch knee pops

1 - 2 Making a ¼ turn right step R to right side and drag L up to R (1) Touch L next to R (2) *facing 4:30
3 - 4 Pop right knee forward (3) pop left knee forward, weight on R (4)
5 - 6 Making an 1/4 turn left, step L to left side and drag R up to L (5) touch R next to L (6) *facing 10:30
7-8 Pop left knee forward (7) pop right knee forward, weight on L (8)

(B) 17-24: cross R, ½ L,R,L, rock & coaster, jump

- 1 -2 Making an 1/8 turn to the left cross R over left (1) making an 1/8 turn to the left, step forward L (2)
- 3-4 Making an 1/8 turn to the left, step forward R (3) making a ¼ turn to the left, step forward L (4) *facing 6'o clock
- 5&6 rock R forward (5) recover weight on L (&) Step R back (6)
- &7-8 step L next to R (&) step R forward (7) jump forward on both keep keeping weight even (8)

(B) 25-32: hip rolls & click, ball cross, ¼ , ¼ side drag

- 1 -2 Roll hips to the R (1) click finger in right hand (2)
- 3-4 Roll hips to the L (3) click finger in left hand (4)
- &5-6 Step R next to L (&) cross L over R (5) making a ¼ turn to the left step back on R (6)
- 7 -8 Making a ¼ turn to the left, step L to left side and drag R up to L (7) touch R next to L (8)

(C) 1-8: R side rock recover, side together side, L side rock recover, side together side

- 1-2 Rock R to right side as you pull left arm across chest to left side (1) recover weight on to L as you push left arm across chest to right side (2)
- 3&4 step R to right side (3) step L next to R (&) step R to right side (4) *left arm is out in front with palm up, slowing traveling from right to left during the counts.
- 5-6 Rock L to left side as you pull right arm across chest to right side (5) recover weight on to R as you push right arm across chest to left side (6)
- 7&8 step L to left side (7) step R next to L (&) step L to left side (8) *right arm is out in front with palm up, slowing traveling from left to right during the counts.

(C) 9- 16: R roll back, L roll back, rock recover, ½ step turn step

- 1-2 Touch R back (1) Body roll down ending with weight on R (2)
- 3 -4 Touch L back (3) body roll down ending with weight on L (4)
- 5-6 Rock back on R (5) Recover weight on L (6)
- 7&8 Step forward on R (7) make a ½ turn left take weight on L (&) step forward R (8)

(C) 17 -24: slide touch, slide touch, sway L,R,L,R

- 1 -2 Step L to left diagonal drag R up to L (1) raise left arm up with fist at head height, touch R next to L (2)
- 3 -4 Keeping left arm up, step R to right diagonal drag L up to R (3) raise right arm up with fist at head height, touch L next to R
- 5 -6 Step L to left side swaying hips to the left, arm sway to the left leading with the elbows (5) sway hips to the right, arms sway to the right leading with the elbows (6)
- 7 -8 sway hips and arms left (7) sway hips and arms right (8)

(C) 25-32: Cross L, R Kick cross unwind, back R,L,R ½ L

- 1-2 Cross L over R (1) Kick R to right diagonal (2)
- 3-4 Cross R over L (4) unwind a full turn, transferring weight to L (5)
- 5-6 Walk back R (5) walk back L (6)
- 7-8 walk back R (7) make a ½ turn left stepping forward on L (8) *end facing 12

(D) 1-8: forward slides R,L reverse slides R,L

- 1-2 Step R to right diagonal dragging L up to R (1) touch L next to R (2)
- 3-4 Step L to left diagonal dragging R up to L (3) touch R next to L (4)
- 5-6 Step back on R towards 4:30 dragging L up to R (5) touch L next to R (6)
- 7-8 Step back on L towards 7:30 dragging R up to L (7) touch R next to L (8)

(D) 9-16: R sailor, L sailor, ¼ roll, ¼ roll

- 1&2 Step R behind L (1) step L to left side (&) recover weight to R (2)
- 3&4 Step L behind R (3) step R to right side (&) recover weight to L (4)
- 5-6 Step R forward (5) making a ¼ turn to the left roll hips anticlockwise as you transfer weight to L (6)

7-8 Step R forward (7) making a $\frac{1}{4}$ turn to the left roll hips anticlockwise as you transfer weight to L (8)

End of dance

Enjoy

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