Dance This Bachata

拍数: 32

级数: Beginner

编舞者: Melissa Lau (NZ) - January 2021

音乐: Bachata (feat. Cristobal) - Kay One

Styling: bachata (i.e. soft movement of hip lifting when foot taps) Dance begins after approx.16 seconds (on the word "corazon")

FWD R-L-R. TOUCH. BACK. FWD TOUCH. BACK. FWD TOUCH

- 1, 2, 3, 4 Walk forward on R-L-R, tap L beside R (12:00)
- 5, 6, 7, 8 Step L back, tap R in place, step R back, tap L in place

FWD, FWD ½ TURN, SIDE, TOUCH, BACK, TOUCH, FWD, TOUCH

- Step down on L, turn 1/2 left stepping R back (6:00), step L to side, tap R beside L 1, 2, 3, 4
- 5, 6, 7, 8 Step R back, tap L beside R, step L fwd, tap R beside L

SIDE, TOGETHER, SIDE, TOUCH, ROLLING VINE-POINT

- Step R to side, step L next to R, step R to side, tap L beside R 1, 2, 3, 4
- 5, 6, 7, 8 Turn ¼ left stepping L fwd (3:00), turn ½ left stepping R back, turn ¼ left stepping L to side, point R to side (6:00)

JAZZ BOX CROSS ¼ RIGHT, HIP SWAYS, STOMP UP-FLICK

- 1, 2, 3, 4 Cross R over L, turn 1/2 right stepping L back, turn 1/2 right stepping R to side, cross L over R (9:00)
- Step R to side swaying hips right, sway hips left recovering weight on L, stomp R lightly 5, 6, 7, 8 beside L keeping weight on L, brush R flicking heel backwards

* ENDING: on last wall, dance up to 28 counts, add 4 counts to finish at the front SIDE MAMBO 1/2 RIGHT, TOUCH

1, 2, 3, 4 Step R to side swaying hips right (6:00), recover on L turning ¼ right, turn ¼ right stepping R to side, tap L beside R





墙数: 4