

Now

拍数: 64 墙数: 4 级数: Phrased Easy Beginner
编舞者: SoonYoung-Bae (KOR) - January 2021
音乐: Now - Lee Joon-Gi (이준기)



Restart : No - Tag : No

**Sequence :A-A-B-B-B-A-A-B-B-B-A-A-B-B

PART A

A S1[1-8] SIDE POINT- TOGETHER×2, BIG STEP, DRAG STEP, TOGETHER(12:00)

- 1-4 side point to R(RF), beside LF(RF), side point to R(RF), beside LF(RF)
- 5 big step to R(RF)
- 6-7 drag to RF(RF)(2counts) and two arms moving to bottom from upper in round(like wings) with body angled to L
- 8 step beside RF(LF)(12:00)

A S2[9-16] SIDE POINT- BESIDE×2, BIG STEP, DRAG STEP, TOGETHER(12:00)

- 1-4 side point to L(LF), beside RF(LF), side point to L(LF), beside RF(LF)
- 5 big step to L(LF)
- 6-7 drag to LF(LF) and two arms moving to bottom from upper in round(like wings) with body angled to R(2counts)
- 8 step beside LF(RF)(12:00)

A S3[17-24] FWD, HITCH, BACK, HITCH, 1/4 TURN R BIG STEP, DRAG STEP, SIDE TOUCH(3:00)

- 1-4 fwd step(RF), knee up(LF), back step(LF), knee up(RF)
- 5 1/4 turn R big step(RF)
- 6-7 drag to RF(LF)(2 counts) and two arms moving to both side from bottom(like wings) (2counts)
- 8 step beside RF(LF)(3:00)

A S4[25-32] FWD BALL STEP, BACK BALL STEP, FWD BALL STEP, TOGETHER, SMALL JUMPING CCW TO 1/2 TURN(9:00)

- 1-4 fwd ball step(LF), bwd ball step(LF), fwd ball step(LF), beside RF(LF)
- 5-8 small jumping fwd, 1/8 turn L small jumping, 1/8 turn L small jumping, 1/8 turn L small jumping(9:00)

* styling : 2 arms with right angle are moving to upper whenever jumping

PART B

B S1[1-8] BIG SIDE STEP-SIDE TOUCH(R-L), DIGONAL FWD-TOGETHER(R-L)(12:00)

- 1-4 big side step to R(RF), side touch beside RF(LF), big side step to L(LF), side touch beside LF(RF)
- 5-8 diagonal fwd step to R(RF), step beside RF(LF), diagonal fwd step to L(LF), step beside LF(RF)

B S2[9-16] BIG SIDE STEP-SIDE TOUCH(R-L), DIGONAL BWD-TOGETHER(R-L)(12:00)

- 1-4 big side step to R(RF), side touch beside RF(LF), big side step to L(LF), side touch beside LF(RF)
- 5-8 diagonal bwd step to R(RF), step beside RF(LF), diagonal bwd step to L(LF), step beside LF(RF)

B S3[[17-24] CROSS ROCK-RECOVER-SIDE CHASSE(R-L)(12:00)

- 1 2 cross rock over LF(RF), recover(LF)
- 3&4 side step to R(RF), ball step beside RF(LF), side step to R(RF)
- 5 6 cross rock over RF(LF), recover(RF)
- 7&8 side step to L(LF), ball step beside RF(RF), side step to L(LF)(12:00)

B S4[25-32] FWD SHUFFLE(R-L), RUN CW TO 3/4 TURN(9:00)

1&2 fwd step(RF), beside RF(LF), fwd step(RF)

3&4 fwd step(LF), beside LF(RF), fwd step(LF)

5-8 run(RF),run(LF), run(RF),run(LF) (Run CW freely for 4 counts to 3/4 turn)(9:00)

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