Circles



音乐: Circles - Post Malone



Start dance 32 counts from start of heavy beat

S1: [1-8] Rock recover,	Riaht 1 & 1/2 turn tri	ple back. Rock recover	. Left back shuffle

1,2,3 & 4 Rock fwd R, replace weight on L, 1 & 1/2 turn over right shoulder stepping RLR

(easy option: 1/2 turn back over R shoulder shuffle fwd RLR) 5,6 Rock fwd on the L, replace weight back on R

7&8 Step back on L, step R back next to L, step back on L

S2: [9-16] Right side rock recover, Right sailor, Left sailor, Right toe behind left, cross unwind

1,2 R side rock, recover on L

3&4 Step R behind L, step L to L side, step R to R5&6 Step L behind R, step R to R side, step L to L

7,8 Cross R toe behind L, full unwind to the R on balls of feet to take weight onto R

S3: [17-24] Left side rock recover, Left sailor, Right sailor, left toe behind right, cross unwind

1,2 L side rock, recover on R

3&4 Step L behind R, step R to R side, step L to L5&6 Step R behind L, step L to L side, step R to R

7,8 Cross L toe behind R, full unwind to the L on balls of feet to take weight onto L

S4: [25-32] Jumping K step, Right rock recover, Right coaster step

Lagrangian Street & 3&4 Jump R fwd to R diagonal, touch L next to R, jump L back to L diagonal, touch R next to L Jump R back to R diagonal, touch L next to R, jump L fwd to L diagonal, touch R next to L

(*tag+restart here on wall 5)

5,6 Rock R fwd, recover back on L

7&8 Step R back, step L next to R, step fwd on R

S5: [33-40] 4 x 1/4 shuffles

1&2
1/4 turn R, stepping L to L side, close R beside L, step L to L side (9.00)
3&4
1/4 turn R, stepping R to R side, close L beside L, step R to R side (12.00)
5&6
1/4 turn R, stepping L to L side, close R beside L, step L to R side (3.00)
7&8
1/4 turn R, stepping R to R side, close L beside L, step R to R side (6.00)

S6: [41-48] Rolling vine to the left, right touch, cross unwind, right kickball

1-4 1/4 turn L, stepping L fwd, 1/4 turn L on ball of L, stepping R to R side, pivot 1/2 turn L on ball

of R, stepping to L side, touch R next to L

(easy option: grapevine left instead of rolling vine)

5-6 Cross R toe behind L, unwind 1/2 R, weight on L

7&8 Kick R fwd, step onto ball of R (next to left) lifting L slightly off the floor, replace weight onto L

(on the same spot)

S7: [49 -56] 1/4 left -click, 1/4 left click, right samba, left samba

1-2 1/4 L stepping R to side, touch L beside R, click fingers on R hand
3-4 1/4 L stepping fwd, touch R beside L, click fingers on R hand
5&6 Step R across in front of L, step L to L side, step R to side
7&8 Step L across in front of R, step R to R side, step L to side

S8: [57-64] Rock recover, 1/2 shuffle fwd, step 1/2 turn, left shuffle fwd

1-2	Rock fwd on R, replace weight on L
3&4	1/2 turn back over R shoulder , step fwd on R, step L next to R, step fwd on R
5-6	Step fwd on the L, pivot 1/2 turn to your R (weight on R)
7&8	Step fwd on L, step R next to L, step fwd on L

Tag & restart on wall 5 after 32 counts - add a right rocking chair and restart

1,2,3,4 Rock fwd on R, recover on L, rock back on R, recover on L

Finish the dance at the end of wall 6 - after count 64, stomp the right foot fwd and flick both hands out to the side