

On the Verge

拍数: 56 墙数: 4 级数: High Improver
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音乐: On the Verge - Collin Raye



Intro: 16 - Bpm: 180

[1-8]: Right & Left TOE & HEEL SWITCHES, Right MAMBO ROCK, Left COASTER STEP.

1 Touch right toe to right side
& Step right beside left foot
2 Touch left toe to left side
& Step left beside right foot
3 Touch right heel forward
& Step right beside left foot
4 Touch left heel forward
& Step left beside right foot
5 Step right forward
& Recover weight on left foot
6 Step right back
7 Step left back
& Step right back, beside left foot
8 Step left forward

[9-16]: Right GRAPEVINE & Cross MAMBO CROSS, Left GRAPEVINE & Cross MAMBO CROSS.

1 Step right to right side
& Step left behind right foot
2 Step right to right side
& Cross left over right
3 Step right to right side
& Recover weight on left foot
4 Cross right over left
5 Step left to left side
& Step right behind left foot
6 Step left to left side
& Cross right over left
7 Step left to left side
& Recover weight on right foot
8 Cross left over right

[17-24]: Left ½ HINGE TURN & CROSS, Left MAMBO CROSS, Left ¼ HINGE TURN & CROSS, Left MAMBO CROSS.

1 ¼ turn left, step right back
& ¼ turn left, step left to left side (6:00)
2 Cross right over left
3 Step left to left side
& Recover weight on right foot
4 Cross left over right
5 Step right to right side
& ¼ turn left, step left to left side (3:00)
6 Cross right over left
7 Step left to left side

& Recover weight on right foot
8 Cross left over right

[25-32]: Right & Left Side & Back RUMBA BOX, Right COASTER STEP, Left SHUFFLE.

1 Step right to right side
& Step left beside right foot
2 Step right back
3 Step left to left side
& Step right beside left foot
4 Step left back
5 Step right back
& Step left back, beside left foot
6 Step right forward
7 Step left forward
& Step right forward, beside left foot
8 Step left forward

[33-40]: Left STEP TURN & STEP, Left SHUFFLE FULL TURN, Right MAMBO ROCK, Left Back SHUFFLE.

1 Step right forward
& ½ turn left, weight on left foot (9:00)
2 Step right forward
3 ½ turn right, step left back
& ½ turn right, step right forward (9:00)
4 Step left forward
5 Step right forward
& Recover weight on left foot
6 Step right back
7 Step left back
& Step right back, beside left foot
8 Step left back

[41-48]: Right Back ROCKING CHAIR, COASTER STEP, Left & Right Side & Forward RUMBA BOX.

1 Step right back
& Recover weight on left foot
2 Step right back
& Recover weight on left foot
3 Step right back
& Step left back, beside right foot
4 Step right forward
5 Step left to left side
& Step right beside left foot
6 Step left forward
7 Step right to right side
& Step left beside right foot
8 Step right forward

[49-56]: Left ¼ MAMBO CROSS, Right SHUFFLE ¾ TURN, Left MAMBO ROCK, SIDE & HEEL & RECOVER & TOUCH.

1 Step left to left side
& ¼ turn right, step right to right side (12:00)
2 Cross left over right
3 ¼ turn left, step right back
& ½ turn left, step left forward (3:00)
4 Step right forward

- 5 Step left forward
- & Recover weight on right foot
- 6 Step left back
- 7 Step right to right side
- & ¼ turn left, Touch left heel forward
- 8 ¼ turn right, recover weight on left foot
- & Touch right toe beside left foot

START AGAIN

TAGS: At the end of second wall (2^a), added 4 counts extras, you start the Tag at 6:00 and ends at 12:00.

[1-4]: Right TOE JAZZ BOX ½ TURN.

- 1 Cross right toe over left foot
- & Drop right heel
- 2 ¼ turn right, touch left toe back
- & Drop left heel
- 3 ¼ turn right, touch right toe forward
- & Drop right heel
- 4 Touch left toe beside right foot
- & Drop left heel

At the end of thirteenth wall (3^a), added 2 counts extras, you are facing at 3:00.

[1-2]: Right & Left SIDE & TOUCH.

- 1 Step right to right side
- & Touch left beside right foot
- 2 Step left to left side
- & Touch right beside left foot

ENDING: during sixteenth (6^a), dance until count 24, do a long right step to right side and a drag with left foot to right side, you end facing 12:00.
