

# Out of My Mind

拍数: 128                      墙数: 2                      级数: Novice  
编舞者: Tjwan Oei (NL) & The Highway 51 Dancers (NL) - January 2021  
音乐: Out of My Mind (feat. Patty Loveless) - Vince Gill



Start the dance on lyrics : After You've got .....

## #01 - Jazz box with cross over - Rock back - Recover - Kick ball cross

1-2-3-4                      RF.cross over LF. - LF.stepback - RF.step to right side - LF.cross over RF.  
5-6-7&8                      RF.rock back - Recover weight onto LF. - RF.kick forward - RF.set ball down - LF.cross over RF.

## #02 - Step diag. right fwd. - Lock - Step fwd. - Scuff - Step diag. left fwd. - Lock - Step fwd. - Scuff

1-2-3-4                      RF.step diag. to right forward - LF.lock behind RF. - RF.step forward - LF.scuff forward  
5-6-7-8                      LF.step diag. to left forward - RF.lock behind LF. - LF.step forward - RF.scuff forward

## #03 - Rock fwd. - Recover - ½ Turn right fwd. - Step fwd. - Pivot ¼ turn left ( 2 x )

1-2-3&4                      RF.rock fwd. - Recover weight onto LF. - RF.step ½ turn right fwd. - LF.step forward [0600]  
5-6-7-8                      RF.step forward - RF./LF. ¼ turn to left - RF.step forward - RF./LF. ¼ turn to left [12.00]

## #04 - Cross over - Step back - Step back - Cross over - Rock back - Recover - Step fwd. ( R - L )

1-2-3-4                      RF.cross over LF. - LF.step back - RF.step back - LF.cross over RF.  
5-6-7-8                      RF.rock back - Recover weight onto LF. - RF.step forward - LF.step forward

## #05 - Vine to right side - Scuf forward - Vine to left side - Scuff forward

1-2-3-4                      RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.scuff forward  
5-6-7-8                      LF.step to left side - RF.cross behind LF. - LF.step to left side - RF.scuff forward

## #06 - Rocking chair - Pivot ½ turn left - Pivot ¼ turn left

1-2-3-4                      RF.rock forward - Recover weight onto LF. - RF. rock back - Recover weight onto LF.  
1-2-3-4                      RF.step forward - RF./LF. ½ turn to left - RF.step forward - RF./LF. ¼ turn to left [ 03.00]

## #07 - Vine to right side - Side rock - ¼ Turn left fwd. - Walk forward ( R - L )

1-2-3-4                      RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.cross over RF.  
5-6-7-8                      RF.rock to right side - RF./LF. ¼ turn to left - RF.step forward - LF.step forward [12.00]

## #08 - Jazz box - Hips sway ( R - L - R - L )

1-2-3-4                      RF.cross over LF. - LF.step back - RF.step to right side - LF.step together beside RF.  
5-6-7-8                      Hips sway ( R - L - R - L )

## #09 - Step to right side - Together - Kick ball cross ( 2 x )

1-2-3&4                      RF.step to right side - LF.step together - RF.kick forward - RF. set ball down - LF.cross over RF.  
5-6-7&8                      RF.step to right side - LF.step together - RF.kick forward - RF.set ball down - LF.cross over RF.

## #10 - Rock fwd. - Recover - Triple ½ turn right - Triple ½ turn right - Rock back - Recover

1-2-3&4                      RF.rock forward - Recover weight onto LF. - RF.step ¼ turn right fwd. - LF. Step ¼ turn right fwd. - RF.step together [06.00]  
5&6-7-8                      LF.step ¼ turn right fwd. - RF.step ¼ turn right fwd. - LF.step together - RF.rock back - Recover weight onto LF. [12.00]

## #11 - Step fwd. - Side touch - Step fwd. - Side touch - ¼ Turn left back - ¼ Turn left fwd.- Side step - Together

1-2-3-4                      RF.step forward - LF.touch to left side - LF.step forward - RF.touch to right side

5-6-7-8 RF.step  $\frac{1}{4}$  turn left back - LF.step  $\frac{1}{4}$  turn left fwd. - RF.step to right side - LF.step together beside RF. [06.00]

**#12 - Step diag. right fwd. - Lock - Step fwd. - Scuff - Step diag. left fwd. - Lock - Step fwd. - Scuff**

1-2-3-4 RF.step diag. to right forward - LF. Lock behind RF. - RF.step forward - LF.scuff forward

5-6-7-8 LF.step diag. to left forward - RF.lock behind LF. - LF.step forward - RF.scuff forward

**#13 - Vine to right side - Scuff forward - Vine to left side - Scuff forward**

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF. step to right side - LF.scuff forward

5-6-7-8 LF.step to left side - RF.cross behind LF. - LF.step to left side - RF.scuff forward

**#14 - Rocking chair - Pivot  $\frac{1}{2}$  turn left - Pivot  $\frac{1}{4}$  turn left**

1-2-3-4 RF.rock forward - Recover weight onto LF. - RF. Rock back - Recover weight onto LF.

5-6-7-8 RF.step forward - RF./LF.  $\frac{1}{2}$  turn to left - RF.step forward - RF./LF.  $\frac{1}{4}$  turn to left [09.00]

**#15 - Vine to right side - Side rock -  $\frac{1}{4}$  Turn left fwd. - Walk forward ( R - L )**

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.cross over RF.

5-6-7-8 RF.rock to right side - RF./LF.  $\frac{1}{4}$  turn to left - RF.step forward - LF.step forward [06.00]

**#16 - Jazz box - Hips sway ( R - L - R - L )**

1-2-3-4 RF.cross over LF. - LF.step back - RF.step to right side - LF.step together beside RF.

5-6-7-8 Hips sway ( R - L - R - L )

**Ending : After wall two repeat the dance ( 32 counts ) from bloc 13 till the end of the dance ,...[ 12.00]**

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