

No More I Love You's

拍数: 64 墙数: 2 级数: High Improver
编舞者: Elis Sumarah (INA) - January 2021
音乐: I Love You's - Hailee Steinfeld



Intro: 16 count

#section I. WALK WALK - SAMBA WISH - TOUCH IN OUT

1 - 2 Step Forward R , L
3&4 Step R to side, step L behind R, Step R in place
5&6 Step L to side, step R behind L, Step L in place
7&8 Touch R to side, touch R Beside L,touch R to side

#section II. HEELS TWIST - SAILOR STEP - SAILOR TURN 1/4 L

1&2& Twist heels to R ,back in center, twist Heels to L , back in center
3&4 twist heels to R , back in center, twist Heels to R
5&6 Step R behind L, step L to side, step R To side
7&8 Step L behind R, 1/4 turn R step R to Side, step L forward (9:00)

#section III. ROCK RECOVER - STEP BACK RECOVER - TOUCH

1- 2 Step R forward, Recover on L
3&4 Step R back,step L in place,step R in Place
5&6& step L back, recover on R, step L back, Recover on R
7 - 8 Step L back, touch R to side

#section IV. SWIVEL 1/4 R - 1/2 L BOTAFOGO - FORWARD TWIST

1 - 2 Twist together 1/4 turn R (12:00), twist Together 1/2 L (6:00)
3&4 cross R over L, step L to side, step R in Place
5&6 cross L over R, step R to side, step L in Place
7&8 step R forward, twist heels forward, Twist heels back
Restart here on wall 5

#section V. WALK WALK - FORWARD SHUFFLE - 1/2 TURN R- FORWARD SHUFFLE

1 - 2 Step forward R, L
3&4 Step R forward, step L behind R, step L Forward
5 - 6 Step L forward, 1/2 turn R step R in Place (12:00)
7&8 Step L forward, step R behind L, step L Forward

#section VI. CROSS SIDE HELL JACK - SIDE TOUCH - SIDE BACK CROSSED

1&2 Cross R over L, step L to side, touch R Toe diagonal
&3&4 Step R to side, touch L Beside R, step L To side, touch R Beside L
5 - 6 Step R to side, touch L crossed behind R
7 - 8 Step L to side, touch R crossed behind L

#section VII. ROCK RECOVER FORWARD - 1/2 TURN L - FORWARD SHUFFLE

1 -2& Step R forward, Recover on L, step R Beside L
3 -4& Step L forward, Recover on R, step L Beside R
5 - 6 Step R forward, 1/2 turn L step L in Place
7&8 Step R forward, step L behind R, step R forward

#section VIII. SWAY - VOLTA TURN L

1 - 4 Step L to side with sway hips L,R,L,R

5&6&7&8 1/4 turn L step L forward, recover on R, 1/4 turn L step L in place, Recover on R, 1/4 turn L
step L in place, Recover on R, 1/4 turn L step L in place (6:00)

***RESTART on wall 5 after 32 count**

Enjoy your dance

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