

Down To One

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Down to One - Luke Bryan



Intro: 32 Counts

[1-9] Fwd Walk L,R,L, Samba Step, Cross, ½ Spiral, Lock Step

1,2,3 Step L fwd, Step R fwd, Step L fwd
4&5 Step R across L, Step L to L side, Replace weight R
6,7 Cross L over R, Step R to R side turning ½ L (6.00)
8&1 Step L fwd to L diagonal, Lock R behind L, Step L fwd

[10-17] Rock, Side Chasse ¼ R, ½ Pivot, ¼ Side Chasse L

2,3 Cross Rock R, Recover L
4&5 Step R to R Side, Step L beside R, Step R to R side ¼ R
6,7 Step L fwd, Turn ½ R weight ending R
8&1 ¼ R stepping L to L side, Step R beside L, Step L to L side (6.00)

[18-25] Hips Rolls, Back Rock Side, Behind, Side, Samba Step

2,3 Roll Hips R, L (figure 8 for styling)
4&5 Rock R Back, Recover weight L, Step R to R side
6,7 Step L behind R, Step R to R side
8&1 Step L across R, Step R to R side, Recover weight L

[26-32] Modified Figure 8 weave

2,3,4& Cross R over L, Step to L side, Step R behind L, ¼ L step L fwd
5,6 Step R fwd, Pivot ½ L weight ending L
7,8& ¼ L stepping R to R side, Step L behind R, ¼ R stepping R fwd (9.00)

Start Again

Last Update - 18 June 2021