

Mars

拍数: 32 墙数: 4 级数: Beginner
编舞者: Amy Christian (USA) & Grit Benke (DE) - January 2021
音乐: Mars (Duett Version) - Georg Stengel & Julia Beautx



Intro: 64 counts as soon as music begins. Start on the heavy beat.

S1: CROSS ROCK, SIDE ROCK, JAZZ BOX WITH ¼ TURN R,

1-4 Cross RF over LF, Recover on LF, Step RF to right side, Recover on LF,
5-6 Cross RF over LF, step LF back with ¼ turn right,
7-8 RF step right, Step LF slightly forward (Clap), (Weight on LF), [3:00]

S2: STEP, SWIVEL OUT-IN, KICK, BACK, KICK, BACK, RECOVER FORWARD,

1-3 Step RF forward, Turn heels to right, Turn heels back to center, (Weight on LF),
4-7 Kick RF forward, Step RF back, Kick LF forward, Step LF back,
8 Recover forward on RF,

S3: STEP, POINT, STEP, POINT, JAZZ BOX WITH ¼ TURN L & BRUSH,

1-4 Step LF forward, Touch RF out to right side, Step RF forward, Touch LF out to left side,
5-8 Cross LF over RF, Step RF back, Step LF forward with ¼ turn left, Brush RF, [12:00]

S4: STEP, 1/4 Turn Left WITH 3 HEEL BOUNCES, WEAVE,

1-4 Step RF forward, Bounce heels 3 X making a ¼ turn left, (weight ends on LF), [9:00],
5-8 Cross RF over LF, Step LF to left side, Step RF behind LF, Step LF to left side,

Start over and don't forget to smile!

***TAG - 4 count tag happens after Wall 10. (There's an obvious change in music on Wall 10).**

1-4 With weight centered on both feet, Cross hands in front of chest with elbows bent, Palms open and facing outwards and then hands go up and out into a big circular motion. Watch the video. (Another option - just do a Rocking Chair).

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Youtube video: https://www.youtube.com/watch?v=Xoeta3_klxQ&t=29s