

My Song

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Morgan Hurley (AUS) - January 2021
音乐: My Song (feat. Sam Palladio, Jonathan Jackson & Clare Bowen) - Nashville Cast



Notes: 32 count intro

(1-8) Walk, Walk, Mambo Half Turn, Walk, Walk, Mambo Back

1,2,3&4 Step R fwd, Step L fwd, Rock R fwd, Recover back on L, 1/2 Turn R step R fwd (6:00)
5,6,7&8 Step L fwd, Step R fwd, Rock fwd on L, Recover back on R, Step L back

(9-16) Back Lock Back, Coaster Step, Rocking Chair

1&2 Step R back, Cross step L over R, Step back on R
3&4 Step L back, Step R together, Step L fwd (6.00)
5,6,7,8 Rock R fwd, Recover back on L, Rock R back, Recover on L (6.00)

(17-24) Paddle Turn x2, Cross Rock, Side Rock, Sailor Step

1,2,3,4 Step R fwd, 1/4 Paddle turn L (3:00), Step R fwd, 1/4 Paddle turn L (12:00) RESTART
5&6& Cross rock R over L, Recover on L, Rock R to R side, Recover on L
7&8 Step R behind L, Step L to L side, Step R to R side (12.00)

(25-32) Rock Back, Recover, 3/4 Turn, 1/2 Shuffle, Coaster Step, Together

1,2,3,4 Rock L back, Recover on R, 1/4 Turn R step L back (3:00), 1/2 Turn R step R fwd (9:00)
5&6 Half Turning Shuffle - 1/2 Turn R step L back, Step R together, Step L back (3.00)
7&8& Step R back, Step L together, Step R fwd, Step L next to R (weight on L) (3.00)

RESTART - Wall 5 - Dance to count 20 and restart dance facing 12:00.

FINISH - Wall 8 - Dance to count 16 then stomp R next to L to finish at the front wall.

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Last Update - 10 Jan. 2021