

# Shake On

拍数: 64      墙数: 4      级数: Improver  
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音乐: Shake On - Gold Brother : (Single)



Intro - 16 counts

## Sect:1 Grapevine Right ,Grapevine Left

1-8      Rf To R,Lf Behind Rf,Rf To R,Touch L Toe To Rf,Lf To L,Rf Behind Lf,Lf To L,Touch R Toe To Lf (12)

## Sect:2 Heel,Hook,Heel,Flick,Toe,Flick,Step,Turn 1/4

1 - 4      R Heel Fwd,Hook Rf Over L Leg,R Heel Fwd,Flick Rf Back Diagonal R (12)  
5 - 8      R Toe Fwd,Flick Rf Back Diagonal R,Rf Fwd,Turn 1/4 L(Keep Weight On Rf) (9)

## Sect:3 Side,Touch,Side,Touch,Side Touch,Out,In

1 - 4      Lf To L,Touch R Toe To Lf,Rf To R,Touch L Toe To Rf (9)  
5 - 8      Lf To L,Touch R Toe To Lf,Touch R Toe Out To R,Touch R Toe To Lf (9)

(Restart - Wall 3)

## Sect:4 Scissor Step,Hold,Side,Turn 1/4,Cross,Hold

1-8      Rock Rf To R,Recover To Lf,Cross Rf Over Lf,Hold,Lf To L,Pivot 1/4 R,Rf To R,Cross Lf Over Rf,Hold (12)

## Sect:5 Rumba Box Back

1 - 8      Rf To Side R,Close Lf To Rf,Rf Back,Hold,Lf To L,Close Rf To Lf,Lf Fwd,Hold (12)

## Sect:6 Diagonal Steps With Touches And Claps

1-4      Rf Fwd Diagonal R,Touch L Toe To Rf (Clap) Lf Fwd Diagonal L,Touch R Toe To Lf (Clap) (12)  
5-8      Rf Back Diagonal R,Touch L Toe To Rf (Clap) Lf Back Diagonal L,Touch R Toe To Lf (Clap) (12)

## Sect:7 Monterey 1/2, Monterey 1/4

1-8      Point R Toe To R,Pivot 1/2 R,Close Rf To Lf.Point L Toe To L,Close Lf To Rf (6)  
5,8      Point R Toe To R.Pivot 1/4 R.Close Rf To Lf,Point L Toe To L,Close Lf To Rf (9)

## Sect:8 Swivets R,Swivet L,Swivet R,Swivet R

1-4      Weight On R Heel & L Ball,Swivel Both Feet To R, Return Both Feet To Centre,Weight On L Heel & R Ball,Swivel Both Feet To L,Return Both Feet To Centre (9)  
5-8      Repeat Swivet R Twice (9)

Restart On Wall 3 After Sect:3, Restart At 3 O.Clock

Have A Shaking Time !!