

Lirikan Matamu

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Nung JP (INA) - January 2021
音乐: Pengalaman Pertama - Chrisye



#section I. MAMBO BACK - MAMBO FORWARD

1 & 2 Step R back, Recover on L, step R Beside L
3 & 4 step L forward, Recover on R, step L beside R
5 & 6 step R back, Recover on L, step R Beside L
7 & 8 step L forward, Recover on R, step L Beside R

#section II. CHASSE R - L - 1/4 L - CHASSE

1 & 2 step R to R side, step L together, step R To R side
3 & 4 step L to L side, Step R together, step L To L side
5 & 6 step R to R side, step L together, step R To R side
7 & 8 step L to L side, step R Together, 1/4 turn L step L forward (9:00)

#section III. 1/4 TURN L - CROSS ROCK R - L

1&2& 1/4 turn L cross R over L (6:00), Recover on L, Step R to side, Recover on L
3 & 4 cross R over L, Recover on L, step R to side
5&6& cross L over R, Recover on R, step L to side, Recover on R

#section IV. FORWARD SHUFFLE - BACK SHUFFLE - 1/4 SAILOR TURN

1 & 2 step R forward, step L behind R, step R forward
3 & 4 step L forward, step R behind L, step L forward
5 & 6 step R back, cross L front R, step R back
7 & 8 step L behind R, 1/4 turn L step R to side

BRIDGE :Follow the music rhythm

OUT - OUT - HOLD - HIPS BUMP - SHIMMY

1 - 2 step R to side and hands up R, step L to Side and hands up L
3 - 4 hold
5 - 8 hips bump up and down
1 - 4 shimmy your shoulder

****After Bridge continue to section III without turn**

Happy dancing

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