

Hao Shi Yang Yang Lai (好事样样来)

COPPER KNOB
BY STEPHEN METZ

拍数: 128 墙数: 1 级数: Phrased High Beginner
编舞者: LDLG (SG) - December 2020
音乐: Hao Shi Yang Yang Lai (好事样样来) - Gean Lim (林必嫻) : (2021年 METRO MUZIK)



Sequence: A, B ,A, B, B+ENDING

(A) 32 counts

Section 1:

1,2,3,4 Step on the spot (R, L, R, L)
5,6,7,8 1/8 turn right and Right heel forward (1.30) , RF step beside to LF(12:0); 1/8 turn left and left heel forward (10.30) , LF step beside to RF(12:0).

Section 2:

1,2,3,4 Step on the spot (R,L,R,L) with hand moments (Rise up)
5,6,7,8 RF step right, lean the body 45 degrees to the right, LF point at left.

Section 3:

1,2,3,4 (Rolling Vine) LF step ¼ left, ½ turn left RF step back, ¼ turn left LF step left, RF touch next to LF
5,6,7,8 Step on the spot (R, L, R, L)

Section 4:

1,2,3,4 (Forward walk) R, L,R,L
5,6,7,8 LF step left, LF step beside RF (with Hand moments)

Main Dance

(B) 96 counts

Section 1: Touch, Step x 2; Rocking Chair

1,2,3,4 Right toe touch right and step down; Left toe cross RF touch and step down
5,6,7,8 RF Diagonal forward step, LF recover, RF back step, LF recover (facing 1.30)

Section 2: Repeat 1 only last count LF 1/8 Turn left (facing 12:0)

Section 3: Jazz Box

1,2,3,4 RF step forward, LF cross over RF, RF step back, LF step left.
5,6,7,8 RF step forward, LF cross over RF, RF step back, LF step left

Section 4: Forward turn and back turn

1,2,3,4 ¼ turn left RF step right (2 counts), ½ right RF step beside LF (2 counts)
5,6,7,8 ¼ turn right RF forward(2counts), ½ turn left, RF step beside LF (2 counts)

Section 5: Forward shuffle x 2; step back

1&2, 3&4 RF forward, LF beside RF, RF forward, LF forward, RF beside LF, RF forward
5,6,7,8 RF step back, LF step back, RF step back, LF step next to RF

Section 6: Side touch and Full Turn

1,2,3,4 Right Toe point right (1 hold 2), RF step next to LF (3 hold 4)
5,6,7,8 1/4 turn right RF walk, 1/4 turn LF walk, 1/4 turn right RF walk, ¼ turn right LF step beside RF

Section 7: Forward rock, Back rock

1,2,3,4 RF slightly step forward, LF recover; RF slightly forward, LF recover (weight on LF)
5,6,7,8 RF sweep from front to back; behind LF (4 counts)

Section 8: Forward Walk x 4, Side Step

1,2,3,4 Walk forward R, L, R, LF step beside RF.
5,6,7,8 RF step right, LF together, RF step right, LF beside RF

Section 9: Forward shuffle x 2; step back

1&2, 3&4 RF forward, LF beside RF, RF forward, LF forward, RF beside LF, RF forward
5,6,7,8 RF step back, LF step back, RF step back, LF step next to RF

Section 10: Side touch and Full Turn

1,2,3,4 Right Toe point right (1 hold 2), RF step next to LF (3 hold 4)
5,6,7,8 1/4 turn right RF walk, 1/4 turn LF walk, 1/4 turn right RF walk, 1/4 turn right LF step beside RF

Section 11: Forward Walk x 4, Side Step

1,2,3,4 Walk forward R,L,R, LF step beside RF.
5,6,7,8 RF step right, LF together, RF step right, LF beside RF

Section 12: Step Kick x 2, Back step

1,2,3,4 RF step right, LF forward Kick; LF step left, RF forward kick.
5,6,7,8 RF step back, LF step back, RF step back, LF beside RF

****Ending 16 counts**

1~4 RF Point right (2 counts), RF step together LF(2counts)
5~8 RF Point right (2 counts), RF step together LF(2counts)
9~12 RF step right, LF touch left, LF step left, RF touch right
13~16 RF step right, LF back hook, LF step left, RF back touch.
