

Hope

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - December 2020
音乐: Hope - MagSonics & Ronnie Scott : (Spotify / iTunes)



(Dance starts on lyrics)

[S1] Fwd, Step-Pivot 1/4R, Cross, Heel Bounce, Side, Behind, Side

1 2 3 Step forward on R, Step forward on L, Make a ¼ turn right recover weight on R (3:00)
4&5 Cross L over R (4), Heel bounce up (&)-down (5)
6 7 8 Step R to the side, Step L behind R, Step R to the side

[S2] Cross-1/4L-1/4L, Cross, Heel Bounce, Side, Behind Rock

1 2 3 Cross L over R, Make a ¼ turn left stepping back on L, Make a ¼ turn left stepping L to the side (9:00)
4&5 Cross R over L (4), Heel bounce up (&)-down (5)
6 7 8 Step L to the side, Rock R behind L, Recover weight on L

[S3] 1/4L, Side, Cross, Reverse Roll-Side-Ball-Side Rock

1 2 3 Make a ¼ turn left stepping back on R, Step L to the side, Cross R over L (6:00)
4 5 6 Make a ¼ turn right stepping back on L, Make a ½ turn right stepping forward on R, Make a ¼ turn right stepping L to the side (6:00)
& 7 8 Ball step R next to L, Rock L to the side, Recover weight on R

[S4] Fwd Rock, 1 and 1/4L Triple Turn, Fwd, Step-Pivot 1/2R, Kick Ball Step

1 2 Rock forward on L, Recover weight on R
3&4 Make a left triple turn to 3:00 o'clock (1 ¼ turn) on L-R-L
5 6 7 Step forward on R, Step forward on L, Make a ½ turn right recover weight on R (9:00)
8&1 Kick forward on L, Step L in place, Step forward on R**

Restart here on Wall 3 - Making a 1/4 turn right kickball change to the front.

[S5] Fwd Rock, Back w/ Drag, Ball-Fwd Rock, Back-1/2L-&

1 2 Rock forward on R, Recover weight on L
3 4& Big step back on R, Drag L close to R, Step L together
5 6 7 Rock forward on R, Recover weight on L, Step back on R
8& Make a ½ turn left stepping forward on L, Step forward on R (3:00)

[S6] Fwd Rock, Back w/ Drag, Fwd-Samba 1/4L, Touch Front-Side,

1 2 Rock forward on L, Recover weight on R
3 4& Big step back on L, Drag R close to L, Step R together
5&6 Step forward on L, Make a ¼ turn left stepping R to the side, Recover weight on L (12:00)
7 8 Touch R toe to the front, Touch R toe to the right

[S7] Sailor 1/4R-Fwd, Touch Front-Side, Sailor 1/4L-Fwd-Ball 1/4L-Cross-Point-

1&2 Step R behind L, Make a ¼ turn right stepping L beside R, Step forward on R (3:00)
3 4 Touch L toe to the front, Touch L toe to the right
5&6 Step L behind R, Make a ¼ turn left stepping R beside L, Step forward on L
& 7 8 Ball step forward on R while making a ¼ turn left, Cross L over R, Point R toe to the right (9:00)

[S8] -&-Point, 1/4L Touch Across, Fwd-Chase Turn 1/2L, Fwd, 1/2R, Back, Switch

& 1 2 Step R together, Point L toe to the left, Make a ¼ turn left on ball of R foot and pull/touch L toe across R (6:00)

3 4& Step forward on L, Step forward on R, Make a ½ turn left recover weight on L (12:00)
5 6 Step forward on R, Make a ½ turn right stepping back on L (6:00)
7 8 Big step back on R dragging L close to R, Switch/step L together

Restart on Wall 3 count 32(9:00) with step change - Kick Ball Change to 12:00, then restart.**

The last wall (starts at 6:00) - dance up to count 29, then Step-Pivot 1/4R, Kick Ball Step (12:00).

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 30/Dec/20)**
