Mr Red White and Blue

拍数: 32

级数: Improver

编舞者: Frédéric Marchand (FR) - 1 December 2020

音乐: Mr Red White and Blue - Coffey Anderson : (2016)

Intro : 16 counts - Start 1 beat after the lyrics - Bodyweight on the left foot Séquence: 32 - 24 R - 32 - 32 - 32 - 16 R - 32 - 16 R - 32 FINAL

S1: SLIDE RIGHT, 1/4 TURN LEFT WITH DRAG LEFT, WALK LEFT, WALK RIGHT, WALK LEFT, TWIST TURN 1/4 LEFT, RECOVER 1/4 TURN RIGHT, 1/2 TURN RIGHT, 1/4 TURN RIGHT

- 1-2 Big step Right to Right side (1) [12 o'clock] Make 1/4 turn Left with Drag Left next to the Right (Weight Ends On Right) (2) [09 o'clock]
- 3&4 Step Left Fwd (3) Step Right Fwd (&) Step Left Fwd (Weight Ends On Left) (4)
- 5-6 Cross Right over Left with weight ends on two foot (5) 1/4 Turn Left finish weight on Right (6) [06 o'clock]
- 7&8Recover weight on Left with 1/4 turn Right (7) [09 o'clock] Make 1/2 turn Right step Right
Fwd (&) [03 o'clock] Make 1/4 turn Right stepping Left to Left side (8) [06 o'clock]

S2: BEHIND RIGHT, SIDE LEFT, CROSS RIGHT, SWEEP LEFT, CROSS LEFT, SIDE ROCK RIGHT WITH SWAY, RECOVER LEFT WITH SWAY, BEHIND RIGHT, SIDE LEFT, TOUCH RIGHT

- 1-2 Step Right behind Left (1) Step Left to Left side (2)
- &3-4 Cross Right over Left (&) Make a circular movement with the Left leg from back to front (3) -Cross Left over Right (4)
- 5-6 Step Right to Right side in oscillating the upper body on the Right (5) Recover weight on Left in oscillating the upper body on the Left (6)
- 7&8 Step Right behind Left (7) Step Left to Left side (&) Touch Right next to the Left (8)

RESTART here on the wall 6 facing 3 o'clock and wall 8 facing 6 o'clock

S3: BRUSH RIGHT WITH SWEEP 1/4 TURN RIGHT, SAILOR STEP RIGHT, CROSS ROCK LEFT, RECOVER RIGHT, SIDE LEFT, ROCK BACK RIGHT, RECOVER LEFT, SIDE ROCK RIGHT WITH SWAY, RECOVER LEFT WITH SWAY

- 1 Brush Right with a 1/4 turn Right and circular movement with the Right leg from front to back (1) [09 o'clock]
- 2&3 Cross Right Behind Left (2) Step Left on Left (&) Step Right on the Right (Weight Ends On Right) (3)
- 4&5 Cross Left over Right (4) Recover Right (&) Step Left to Left (5)
- 6&7-8 Cross Right Behind Left (6) Recover Left (&) Step Right to Right side in oscillating the upper body on the Right (7) Recover weight on Left in oscillating the upper body on the Left (8)

RESTART here on the wall 2 facing 6 o'clock

S4: BEHIND RIGHT, STEP LEFT 1/4 TURN LEFT, STEP RIGHT FWD, TRIPLE STEP LEFT FWD, STEP RIGHT FWD, 1/2 TURN LEFT, STEP RIGHT FWD, 1/2 TURN RIGHT, 1/4 TURN RIGHT, CROSS LEFT

- 1&2 Step Right behind Left (1) 1/4 Turn Left with Left foot Fwd (&) [06 o'clock] Step Right Fwd (2)
- 3&4 Step Left Fwd (3) Step Right behind Left (&) Step Left Fwd (4)
- 5&6 Step Right Fwd (5) 1/2 Turn Left (&) Step Right Fwd (Weight Ends On Right) (6) [12 o'clock]
- 7&8Make 1/2 turn Right step Left Back (7) [06 o'clock] Make 1/4 turn Right step Right to Right
Side (&) [09 o'clock] Cross Left over Right (Weight Ends On Left) (8)

FINAL here on the wall 9 counts 7&8 replace by 1/2 TURN RIGHT, 1/2 TURN RIGHT, 1/2 TURN RIGHT

INTRO 16:-

A - 32 (Start 12 o'clock - End 09 o'clock)





墙数:4

A - 24 (Start 09 o'clock - End 06 o'clock) RESTART
A - 32 (Start 06 o'clock - End 03 o'clock)
A - 32 (Start 03 o'clock - End 12 o'clock)
A - 32 (Start 12 o'clock - End 09 o'clock)
A - 16 (Start 09 o'clock - End 03 o'clock) RESTART
A - 32 (Start 12 o'clock - End 12 o'clock)
A - 16 (Start 12 o'clock - End 12 o'clock)
A - 16 (Start 12 o'clock - End 12 o'clock)
A - 32 (Start 12 o'clock - End 12 o'clock)
A - 32 (Start 12 o'clock - End 12 o'clock)
A - 32 (Start 12 o'clock - End 12 o'clock)
A - 32 (Start 12 o'clock - End 12 o'clock)

Start again with a smile V1-UK-FM le 01/12/2020

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