

Allez

拍数: 64 墙数: 1 级数: High Improver
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音乐: Ton combat - Arcadian



Intro: 16 counts

Sequence: A, B, B, Tag 1, A, B, B, Tag 2, B, B

PART A: 48 counts

SECTION 1. ROCK FORWARD, BACK, COASTER STEP, HITCH, TURN, CROSS SHUFFLE

1 - 2 Step forward on R, Recover on L
3 - 4& Step back on R, Step back on L, Step R beside L
5 - 6& Step forward on L, Step forward on R 1/4 turn R, Hitch L
7 & 8 Cross L over R, Step R to R side, Cross L over R (03.00)

SECTION 2. SYNCOPATED TOUCHES, CROSS, HOLD, UNWIND, COASTER STEP

& 1 & 2 Step R to R side, Touch L behind R, Step L to L side, Touch R behind L
& 3 & 4 Step R to R side, Touch L behind R, Step L to L side, Cross R over L
5 - 6 Hold, 3/4 turn L weight on R (06.00)
7 & 8 Step back on L, Step R beside to L, Step forward on L

SECTION 3. MAMBO, BEHIND, SIDE, CROSS, SCISSOR, TURN, RUN FORWARD, HITCH

1 & 2 Step forward on R, Recover on L, Step back on R sweep on L from front to back
3 & 4 Cross L behind R, Step R to R side, Cross L over R
5 & 6 Step R to R side, 1/8 turn L Step L beside R, Step forward on R (04.30)
7 & 8 Step forward on L, Step forward on R, Step forward on L hitch R

SECTION 4. RUN BACK, COASTER STEP, SIDE POINTS, SHUFFLE TURN

1 & 2 Step back on R, Step back on R, Step back on R drag heel L toward R
3 & 4 Step back on L, Step R beside L, Step Forward on L
5&6& 1/8 turn L point R to R Side (03.00), Step R beside L, point L to L side, Step L beside R
7&8& 1/8 turn R Step forward on R (04.30), Step ball L beside R, 1/4 turn R Step forward on R, Step ball L beside R

SECTION 5. FORWARD, CROSS, SIDE, BACK, VOUDAVILLE

1- 2&3 1/8 turn R Step forward on R Sweep L from back to front (09.00), Cross L over R, Step R to R side, Step back on L sweep R from front to back
4&5& Cross R behind L, Step L to L side, Cross R over L, Step L to L side
6&7& Touch heel R diagonal R, Step R beside L, Cross L over R, Step R to R side
8 & Touch heel L diagonal L, Step L beside R

SECTION 6. JAZZBOX, PIVOT

1 - 2 Cross R over L, 1/4 turn R Step back on L (12.00)
3 - 4 Step R to R side, Step forward on L
5 - 6 Step forward on R, 1/2 turn L weight on L
7 - 8 Step forward on R, 1/2 turn L weight on L

PART B: 16 counts

SECTION 1. CHARLESTON

1 - 2 Touch R forward, Step back on R
3 - 4 Touch L back, Step forward on L
5 - 6 Touch R forward, Step back on R

7 - 8 Touch L back, Step forward on L

SECTION 2. DIAGONAL LOCK SHUFFLE, CHUG

1 & 2 1/8 turn R Step forward on R, Step forward on L behind R, Step forward on R (01.30)

3 & 4 1/4 turn L Step forward on L, Step forward on L behind R, Step forward on L (10.30)

5 - 6 1/8 turn L stomp R to R side (09.00), 1/4 turn L stomp R to R side (06.00)

7 - 8 1/4 turn L stomp R to R side (03.00), 1/4 turn L point R to R side (12.00)

TAG 1. JAZZBOX

1 - 2 Cross R over L, Step back on L

3 - 4 Step R to R side, Step forward on L

TAG 2

SECTION 1. JAZZBOX, V STEP

1 - 2 Cross R over L, Step back on L

3 - 4 Step R to R side, Step forward on L

5 - 6 Step R to diagonal R, Step L to diagonal L

7 - 8 Step R to center, Step L beside R

SECTION 2

1 - 2 Step R to R side hips R 2x

3 - 4 Hips L 2x

5 - 6 Sway to R, L

7 - 8 Sway to R, L

HAPPY DANCE

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