

Gimmie Gimmie

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Easy Beginner
编舞者: SoonYoung-Bae (KOR) - December 2020
音乐: Gimme Gimme - Country Kko Kko (컨츄리 꼬꼬)



Restart : on 7th wall after 24 counts

Tag: No

A :32c B:32c B1:32c phrased

* Sequence : A-A-A-B-B1-A-A(24c)-restart-A-A-A-B-B1-A-B-B1-A

* this dance is possible to contra dance

Part A : 32c

S1(1-8) Fwd rock- Recover-Coaster (R-L)

1 2 fwd rock on LF(RF), recover(LF)
3&4 behind LF(RF), next on RF(LF), fwd step on LF(RF)
5 6 fwd rock on RF(LF), recover(RF)
7&8 behind RF(LF), next on LF(RF), fwd step on RF(LF) (12:00)

S2(9-16) Side rock-Recover-Behind-Side-Cross(R-L)

1 2 side rock to R(RF), recover(LF)
3&4 behind LF(RF), side to L(LF), cross over LF(RF)
5 6 side rock to L(LF), recover(RF)
7&8 behind RF(LF), side to R(RF), cross over RF(LF)(12:00)

S3(17-24) Fwd rock, Recover, 1/4 R turn sailor, Fwd rock, Recover, 1/2 L turn sailor

1 2 fwd rock on LF(RF), recover(LF)
3&4 diagonal bwd step on RF(RF), next on RF(LF), 1/4 turn R fwd step on LF(RF)(3:00)
5 6 fwd rock on RF(LF), recover(RF)
7&8 diagonal bwd step on RF(LF), next on LF(RF), 1/2 L turn fwd step on LF(RF)(9:00)

*** restart here on 7wall

S4(25-32) Jazzbox, Cross, Ball press-recover with body roll*3, Toe press, Recover and hitch

1-4 fwd step(RF), behind RF(LF), side to R(RF), cross over RF(LF)
5-8 ball press weight on RF(RF), recover weight on LF(LF), ball press weight on RF(RF), recover weight on LF(LF) and hitch(RF)(9:00)

** 5-8 styling : Body wave to back from front

Part B : 32c

*** S1, S2, S3, S4(1-4) is moving at same foot position

S1(1-8) Side and arm L straight out above head, arm straight out above a head * 7

1 step to R(RF) and arm L straight out above a head
3-8 arms straight out above a head each other(R-L)*3, arm R arms straight out above a head(12:00)

** styling : with body upper bouncing of 90's techno dance

S2(9-16) arm straight out-in and body Bounce

1-8 arms straight out near a chest each other(L-R)*4 (12:00)

** styling : with body upper bouncing of 90's techno dance

S3(17-24) hip roll(R-L)* 4 with hands on a waist

1-8 hip roll (R-L)*4 with hands on a waist(12:00)

S4(25-32) hip roll(R-L)*2 with hands on a hip, walk circle CW to 3/4 R turn

1-4 hip roll(R-L)*2 with hands on a hip
5-8 1/8 R turn(RF), 1/4 R turn(LF), 1/8 R turn(RF), 1/4 R turn(LF) (walk in free to 3/4 turn R)(9:00)

Part B1 32c : S1~S3 is same with Part B

S1(1-8) Side and arm L straight out above head, arm straight out above a head * 7

1 step to R(RF) and arm L straight out above a head
3-8 arms straight out above a head each other(R-L)*3, arm R arms straight out above a head(12:00)

**** styling : with body upper bouncing of 90's techno dance**

S2(9-16) arm straight out-in and body Bounce

1-8 arms straight out near a chest each other(L-R)*4 (12:00)

**** styling : with body upper bouncing of 90's techno dance**

S3(17-24) hip roll(R-L)* 4 with hands on a waist

1-8 hip roll (R-L)*4 with hands on a waist(12:00)

S4 Circle Walk CW - hold *4

1 2 1/4 turn R walk(RF), hold

3 4 1/4 turn R walk(LF), hold

5 6 1/4 turn R walk(RF), hold

7 8 1/4 turn R walk(LF), hold

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