

Toast To The Past

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Improver
编舞者: Sally Hung (TW) - December 2020
音乐: Gen Wang Shi Gan Bei (跟往事乾杯) (DJ Remix) - Crystal Liew (劉燕燕)



Sequence of dance: ABB/ AAAB/ AAB/ AA/A1-A3 Bridge A4 /A

Intro: 16 counts from the chorus 請與我

SECTION A (32 COUNTS)

A1. TOE, HEEL, KICK, STOMP, TOE, HEEL, KICK, STOMP

1,2,3,4 Tap R toe fwd, tap R heel fwd, kick R, stomp R in place
5,6,7,8 Tap L toe fwd, tap L heel fwd, kick L, stomp L back

A2. BACK TOUCH, BACK TOUCH, OUT OUT IN IN

1,2,3,4 Big step back on R, touch L together, big step back on L, touch R together
5,6,7,8 Step R to R diagonal, step L to L (shoulder width), step R back in center, step L together

A3. SIDE TOGETHER SIDE TOUCH X2

1,2,3,4 Step R to R, step L together, step R to side, touch L beside R
5,6,7,8 Step L to L, step R together, step L to side, touch R beside L

A4. RUN IN PLACE X3, FLICK, RUN IN PLACE X3, FLICK

1,2,3,4 Run in place on R-L-R, flick L
5,6,7,8 Run in place on L-R-L, flick R

SECTION B (64 COUNTS)

B1. BACK ROCK RECOVER, FWD SHUFFLE, FWD ROCK RECOVER, BACK SHUFFLE

1,2,3&4 Rock back on R, recover on L, fwd shuffle on RLR
5,6,7&8 Rock fwd on L, recover on R, back shuffle on LRL

B2. SIDE, KICK, SIDE, KICK, KICK, KICK, ¼ TURN R, TOGETHER

1,2,3,4 Step R to R, kick L fwd, step L to L, kick R fwd
5,6,7,8 Kick R to L diagonal, kick R to R diagonal, ¼ turn R, step L together

B3. REPEAT B1

B4. REPEAT B2

B5. VINE R WITH TAP BEHIND, VINE L WITH TAP BEHIND

1,2,3,4 Step R to R, cross step L behind R, step R to R, tap L behind R
5,6,7,8 Step L to L, cross step R behind L, step L to L, tap R behind L

B6. ¼ TURN R VINE R WITH TAP BEHIND, VINE L WITH TAP BEHIND

1,2,3,4 ¼ turn R stepping R to R, cross step L behind R, step R to R, tap L behind R
5,6,7,8 Step L to L, cross step R behind L, step L to L, tap R behind L

B7. JAZZ BOX WITH ¼ TURN R, HIP BUMPSX2

1,2,3,4 Cross step R over L, ¼ turn R stepping back on L, step R to R, step L fwd
5,6,7,8 Bump hips to R twice, bump hips to L twice

B8. SIDE MAMBOS, KICK BALL CHANGE

1&2 Rock R to R, recover on L, step R beside L
3&4 Rock L to L, recover on R, step L beside R
5&6 Kick R fwd, step on ball of R, step L in place

7&8

Repeat

Happy Dancing!

Contact Sally Hung: hung1125@gmail.com
