Born To Be Alive



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Sunny Jeong (KOR) - December 2020 音乐: Born to Be Alive - Patrick Hernandez



Intro; 32 Count

[Sec.1]VINE 1/4R, TOUCH, VINE L WITH 1/4L, SKUFF

RF step side, LF step behind, RF turn ¼R stepping forward, L toe touch next to RF(3:00) LF step side, RF step behind, LF turn ¼L stepping forward, LF skuf forward(12:00)

[Sec.2]JAZZ BOX, JAZZ BOX WITH 1/4R

1234 RF cross over LF, LF step backward, RF step side, LF step forward

RF turn ½R crossing over LF, LF step backward, RF step side, LF step next to RF(3:00)

[Sec.3]BACKWARD WITH TOE TOUCHS FWD, PIVOT 1/4 TURN L ×2 WITH ROLLING HIP

1 2 RF step slightly backward with L toe touch forward, LF step slightly backward with R toe

touch forward

RF step slightly back with L toe touch forward, LF step slightly back with R toe touch forward

RF step forward, LF pivot ¼ turn L with rolling hip, RF step forward, LF pivot ¼ turn L with

rolling hip

[Sec.4]TWIST R/L, HEEL, STOMP FWD, BOUNCES WITH ½ TURN L

Sweval both heels R, Sweval both toes R, Sweval both heels L, Sweval both toes L RF stomp forward, Bounce both heels with turning ¼L, ½L, ½L(weight on L)

Happy Dancing..,~

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