

Life Goes On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Joy Kim (KOR) - December 2020
音乐: Life Goes On - BTS



Intro: 16 counts - No Tags, No Restarts

[1-8] MAMBO 1/2 TURN R, WALK (L-R), CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, 1/4 TURN R FWD, FWD

1&2 Rock RF forward, Recover LF, 1/2 turn R as you step RF forward
3-4 Step LF forward, Step RF forward
5&6& Rock LF over RF, Recover RF, Rock LF to L side, Recover RF
7&8 Step LF behind RF, 1/4 turn R as you step RF forward, Step LF forward

[9-16] CROSS SAMBA (R-L), DIAMOND 1/4 TURN R

1&2 Cross RF over LF, Rock LF to L side, Recover RF
3&4 Cross LF over RF, Rock RF to R side, Recover LF
5&6 Cross RF over LF, 1/8 turn R as you step LF to L side, Step RF back
7&8 Step LF back, 1/8 turn R as you step RF to R side, Step LF forward

[17-24] MODIFIED RUMBA BOX, BACK LOCK SHUFFLE, SAILOR 1/4 TURN L FWD

1&2 Step RF to R side, Step LF beside RF, Step RF forward
3&4 Step LF to L side, Step RF beside LF, Step LF back
5&6 Step RF back, Lock LF over RF, Step RF back
7&8 1/4 turn L as you sweep LF behind RF, Step RF to R side, Step LF forward

[25-32] HEEL SWITCHES, TOUCH R (OUT-IN-OUT-IN), BIG STEP & DRAG, TOGETHER

1&2&3&4& Touch RF heel forward, Step RF next to LF, Touch LF heel forward, Step LF next to RF (x2)
5&6& Touch RF to R side, Touch RF next to LF, Touch RF to R side, Touch RF next to LF
7-8 Big step RF to R side dragging LF toward RF, Close LF next to RF (weight LF)

Contact: semongsu@hanmail.net