

# Country Life

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Improver  
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音乐: A Country Boy's Life Well Lived - Jon Wolfe



Intro: 32 counts / 13 sec

## Sec1. Step touch, back kick, back hock, step scuff.

1 2            Step forward on R, touch L behind R  
3 4            step back on L foot, kick R foot forward  
5 6            step back on R foot, hock L foot in front of R foot  
7 8            Step down on L foot Scuff R foot from back to front

## Sec2. Rocking chair, step turn L ½, step hold

1 2 3 4        Rock R foot forward, Recover on L, Rock R foot back, Recover on L.  
5 6 7 8        Step forward on R foot, turn ½ Left, step forward on R foot, HOLD

## Sec3. Full turn R, Hold, V step

1 2 3 4        Turn ½ over Right shoulder stepping back on left, turn ½ over R shoulder stepping forward on R, step forward on L, hold  
5 6 7 8        Step L foot onto L diagonal step R foot forward onto R diagonal step L back to center, Step R beside L

## Sec4. Monterey turns

1 2 3 4        Point R foot to right side make a ½ turn R, point L foot to left side, step together.  
5 6 7 8        Point R foot to right side make a ½ turn R, point L foot to left side, step together.

## Sec5. Toe heel swivel x 2, jazz box

1 2 3 4        Touch R toe beside L, touch R heel beside L, touch R toe beside R, touch R heel beside L.  
5 6 7 8        cross R foot over L, step L foot back, step R foot to R, cross L foot over R

## Sec6. Forward lock step x 2

1 2 3 4        Step forward on R foot to diagonal, lock L foot behind R, step forward on R foot scuff L foot  
5 6 7 8        Step forward on L foot to diagonal, lock R foot behind L, step forward on L foot scuff R foot

## Sec7. Cross rock, side rock, behind side turn left

1 2 3 4        Cross rock R foot over L foot, recover onto L foot, rock R foot to R side, recover onto left foot  
5 6 7 8        step R foot behind L foot, turn ¼ to L stepping on to L foot, step forward onto R foot, Hold

## Sec8. Step turn step right, full turn L, ¼ turn L

1 2 3 4        Step forward on L foot, turn ½ right, step forward on L, HOLD  
5 6 7 8        Turn ½ over left shoulder stepping back on R, turn ½ over left shoulder stepping forward on L, step forward on R foot, recover and make a ¼ turn to left.

\*Restart: on wall 5, dance to count 40 then restart the dance facing 6 O'clock

\*Tag: (8 counts) at the end of wall 2, Do the first 8 counts of the dance then start the dance again from the top