Minang Insos



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音乐: Minang Insos - Kobogau Brown



Intro 30 counts

Sequence: ABB-ACC-AB-Tag-B-ACC

A (36 counts)

A1. MAMBO STEP, CHASSE TO R, ½ TURN R CHASSE TO L 1&2 Rock Rf forward, recover on Lf, step Rf together 3&4 Rock Lf back, recover on Rf, step Lf together 5&6 Step Rf to R, close Lf next to Rf, step Rf to R 7&8 ½ turn R step Lf to L, close Rf next to Lf, step Lf to L

A-SECTION 2 REPEAT SECTION 1

A3. JAZZ BOX, STEP FORWARD, POINT TOUCH

1,2	Cross Rf over Lf, step Lf back
3,4	Step Rf to R, step Lf forward
5,6	Step Rf forward, touch Lf to L
7,8	Step Lf forward, touch Rf to R

A4. BACK SHUFFLE, ROCKING CHAIR

1&2	Step Rf back (slightly to diagonal), close Lf next to Rf, step Rf back
3&4	Step Lf back (slightly to diagonal), close Rf next to Lf, step Lf back
5&6&	Facing 10:30 rock Rf forward, recover on Lf, rock Rf back, recover on Lf
7&8	Rock Rf forward, recover on Lf, facing 12:00 step Rf to R

A5. ROCKING CHAIR

Rf
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7&8 Rock Lf forward, recover on Rf, facing 12:00 step Lf to L

B (20 counts)

B1. SHUFFLE FORWARD, PIVOT ½ TURN R, SHUFFLE FORWARD, PIVOT ½ TURN L

1&2	Step Rf forward, close Lf next to Rf, step Rf forward
3,4	Step Lf forward, ½ turn R step on Rf
5&6	Step Lf forward, close Rf next to Lf, step Lf forward

7,8 Step Rf forward, ½ turn L step on Lf

B2. SAMBA WHISK, ROLLING VINES

1&2	Step Rf to R, rock Lf behind Rf, recover on Rf
3&4	Step Lf to L, rock Rf behind Lf, recover on Lf
5,6	1/4 turn R step Rf forward, 1/2 turn R step Lf back
7,8	1/4 turn R step Rf to R, touch Lf beside Rf

B3. SIDE, TOGETHER, SIDE, TOUCH

1-4 Step Lf to L, close Rf next to Lf, step Lf to L, touch Rf beside Lf

C (30 counts)

C1. BACKWARD, HITCH + CLAP, FORWARD, 1/2 TURN L WITH HITCH & CLAP

1-4 Step back on Rf - Lf - Rf, hitch on Lf with clap

5-8 Step forward on Lf - Rf - Lf, weight on Lf turn ½ to L hitch on Rf with clap

C2. BACKWARD, HITCH + CLAP, FORWARD, ½ TURN L WITH HITCH & CLAP

1-4 Step back on Rf - Lf - Rf, hitch on Lf with clap

5-8 Step forward on Lf - Rf - Lf, weight on Lf turn ½ to L hitch on Rf with clap

9,10 Step Rf back, close Lf next to Rf

C3. SIDE MAMBO

Rock Rf to R, recover on Lf, step Rf together Rock Lf to L, recover on Rf, step Lf together

5-8 Repeat 1-4

C4. SWIVEL

1-4 Swivel both heels to R-L-R-center

Have Fun....