

Running

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Andrico Yusran (INA) - December 2020
音乐: Running - Gaho : (Album: Start Up OST Part 5)



Start Dance after intro Lyrics 32 counts

#1# WEAVE - CROSS - SIDE TOUCH - FORWARD - SIDE TOUCH

1-4 Step L cross over R , R side , L cross behind R , R side touch
5-8 Step R cross over L , L side touch point , L forward , R side touch point

#2# TOE STRUTS (R-L) - SIDE TOUCH - CLOSE TOUCH - SIDE TOUCH - CLOSE TOUCH

1-4 Step R touches forward , R close beside L , L touches forward , L close beside R
5-8 R side touch point , R close touch beside L , R side touch point , R close touch beside L

#3# JAZZ BOX 1/4 - SIDE - CLOSE TOUCH (R-L)

1-4 Step R cross over L , L back , R 1/4 turn to R , L forward
5-8 R to side , L close touch beside R , L side , R close touch beside L

#4# BACK - SIDE TOUCH - BACK - SIDE TOUCH - CROSS - SIDE TOUCH - CLOSE TOUCH - SIDE TOUCH

1-4 Step R back , L side touch , L back , R side touch point
5-8 R cross over L , L side touch point , L close beside R , L side touch point

Tags : After wall 5 (4 counts) After wall 11 (8 counts)

TAG (4 COUNTS) JAZZ BOX

1-4 Step L cross over R , R back , L to side , R forward

TAG (8 COUNTS) JAZZ BOX - V STEPS

1-4 Step L cross over R , R back , L to side , R forward
5-8 L to side , R side , L back to center , R close beside L

Dancing With Your Heart

Have Fun & Enjoy
