

You Decorated My Life

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Phrased Intermediate
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音乐: You Decorated My Life - Kenny Rogers



Sequence: A-A-B-B-A(Restart after 16 counts)-A-A-B-B-A

PART A: 32 counts

S-1 SIDE, BACK ROCK , LOCKSTEP, FORWARD STEP, ½ RIGHT, FULL TURN

- 1.- Step left to left side
- 2.- Rock back on right
- 3.- Recover onto left
- 4.- Step right forward
- &.- Lock left behind right
- 5.- Step right forward
- 6.- Step left forward
- 7.- ½ Turn right (6:00)
- 8.- ½ Turn right, Step left back (12:00)
- &.- ½ Turn right, Step right forward (6:00)
- 1.- Step left forward

* On Counts 8-&-1, you can make Forward Shuffle L-R-L (easy versión)

S-2 FORWARD STEP, ¼ LEFT, CROSS-SIDE-TOGETHER x 2, CROSS

- 2.- Step right forward
- 3.- ¼ Turn left (3:00)
- 4.- Cross right over left
- &.- Step left to left side
- 5.- Close right next to left
- 6.- Cross left over right
- &.- Step right to right side *
- 7.- Close left next to right
- 8.- Cross right over left

Before Restart: * ON WALL 5TH: &.- ¼ Turn left, Step right back ; 7.- Close left next to right ; 8.- Step right Forward

S-3 SIDE, HOLD, TOGHETHER, SIDE, CROSS ROCK, SIDE, CROSS, ¼ TURN, STEP BACK, BACK LOCKSTEP

- 1.- Step left to left side
- 2.- Hold
- &.- Step right together
- 3.- Step left to left side
- 4.- Cross rock forward on right
- &.- Recover onto left
- 5.- Step right to right side
- 6.- Cross left over right
- 7.- ¼ Turn left, Step back on right (12:00)
- 8.- Step back on left
- &.- Lock right over left
- 1.- Step back on left

S-4 BACK ROCK, SHUFFLE WITH ½ TURN, COASTER STEP, STEP FORWARD

- 2.- Rock back on right

- 3.- Recover onto left
- 4.- ¼ Turn left, step right to right side (9:00)
- &.- ¼ Turn left, lock left over right (6:00)
- 5.- Step right back
- 6.- Step left back
- &.- Step right together
- 7.- Step left forward
- 8.- Step right forward

PART B: 32 counts

S-1 SIDE, SWAY HIPS x 3, ROCK BACK, ¼ TURN LEFT, STEP BACK, EXTENDED WEAVE, SIDE

- 1.- Step left to left side, Sway hips to left
- 2.- Sway hips to right
- 3.- Sway hips to left
- 4.- Rock back on right
- &.- Recover onto left
- 5.- ¼ Turn left, Step right back (9:00)
- 6.- Step left to left side
- &.- Cross right over left
- 7.- Step left to left side
- &.- Cross right behind left
- 8.- Step left to left side
- &.- Cross right over left
- 1.- Step left to left side

S-2 ROCK BACK, KICK BALL CROSS TWICE, SCISSOR STEP WITH ¼ TURN LEFT

- 2.- Rock back on right
- 3.- Recover onto left
- 4.- Kick right to right diagonal
- &.- Step right together
- 5.- Cross left over right
- 6.- Kick right forward
- &.- Step right together
- 7.- Cross left over right
- 8.- Step right to right side
- &.- ¼ Turn left, Step left together (6:00)
- 1.- Step right forward

S-3 FORWARD STEP, SPIRAL TURN, LOCKSTEP, ROCK STEP, BACK, SWEEP, BACK LOCKSTEP, SWEEP

- 2.- Step left forward
- 3.- On ball of feet pivot full turn (ending with right crossing over left)
- 4.- Step right forward
- &.- Lock left behind right
- 5.- Step right forward
- 6.- Rock forward on left
- &.- Recover onto right
- 7.- Step left back, starting sweep with right from front to back
- 8.- Step right back
- &.- Lock left over right
- 1.- Step right back, starting sweep with left from front to back

S-4 BACK LOCKSTEP, ROCK BACK, ¼ TURN L, HITCH, CROSS, TOUCH, BEHIND, ¼ TURN R, STEP

- 2.- Step left back

- &.- Lock right over left
- 3.- Step left back
- 4.- Rock back on right
- 5.- ¼ Turn left, recover onto left, hitch right knee (3:00)
- 6.- Cross right over left
- 7.- Touch left point to left side
- 8.- Cross left behind right
- &.- ¼ Turn right, Step right forward (6:00)

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