

Long Time

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tonny van Donk (NL) - 2020
音乐: This One's Gonna Hurt You (For a Long, Long Time) (feat. Travis Tritt) - Marty Stuart



Right Rolling Turn

- 1 RF step forward 1/4 turn R
- 2 LF step back 1/2 turn R
- 3 RF step side 1/4 turn R
- 4 LF touch beside RF (clap)

Turn-Sway (Clap)

- 5 LF step side 1/4 turn L
- 6 RF touch beside LF (clap)
- 7 RF step side
- 8 LF touch beside RF(clap)

Side Toe Strut Walk

- 9 LF step side on toe
- 10 LF heel down
- 11 RF step on toe across LF
- 12 RF heel down

Scissor, Hold (Clap)

- 13 LF step side
- 14 RF slide beside LF
- 15 LF step across RF
- 16 hold (clap)

Syncopated Weave, Hold

- 17 RF step side
- 18 LF cross behind RF
- & RF step side
- 19 LF step across RF
- 20 hold (clap)

Contra Turn, Cross Chassé

- 21 RF step back 1/4 turn L
- 22 LF step side 1/4 turn L
- 23 RF step across LF
- & LF step beside RF (feet crossed)
- 24 RF step L side (feet crossed)

Scissor, Hold (Clap)

- 25 LF step side
- 26 RF slide beside LF
- 27 LF step across RF
- 28 hold (clap)

Side Toe Strut Walk

- 29 RF step side on toe

30 RF heel down
31 LF step on toe across RF
32 LF heel down
1 start over

TAG: after the 2nd, 4th, 6th, 7th, 9th, 10th round

Side Toe Strut Walk

I RF step side on toe

II RF heel down

III LF step on toe across RF

IV LF heel down
