

My American Heartbreaker

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver
编舞者: Rob Holley (USA) - December 2020
音乐: American Heartbreaker - Jimmie Allen : (Album: Mercury Lane - iTunes)



Intro: 16 (start on vocals)

[1-8] SIDE STEP, ¼ TURN LEFT WITH HITCH, COASTER STEP, TOUCH SIDE, KNEE SWIVEL, COASTER CROSS

1-2 Step R to R side (1), turn ¼ L & hitch L knee up (2) (9:00)

NOTE: During this part of the dance, when starting on the back walls, feel free to make your side step into a big slide step to hit the lyrics.

3&4 Step L back (3), step R back (&), step L forward (4)

5&6 Touch R to R side (5), twist R knee in (&), twist R knee out (6)

7&8 Step R back (7), step L back (&), cross R over L (8)

[9-16] ROTATE LEFT/RIGHT, SIDE-ROCK-FORWARD LEFT/RIGHT, OUT-OUT, KNEE POP

1-2 Rotate/twist body on balls of both feet ½ turn L (1), rotate/twist body ½ turn R (2) (9:00)

3&4 Step L to L side (3), step R in place (&), step L in front of R (4)

5&6 Step R to R side (5), step L in place (&), step R in front of L (6)

&7-8 Step ball of L out (&), step ball of R out (7), shifting weight to R heel & pop L knee up (8)

NOTE: During this part of the dance, when starting on back walls, the lyrics will say "American heartbreaker". Feel free to place your hand on your heart during the knee pop to hit the lyrics.

[17-24] PONY STEP BACK LEFT/RIGHT, ½ TURN SHUFFLE, FORWARD MAMBO

1&2 Step L back while popping R knee up (1), step R next to L (&), step L back while popping R knee up (2)

3&4 Step R back while popping L knee up (3), step L next to R (&), step R back while popping L knee up (4)

5&6 Turn ½ L & step L forward (5), step R next to L (&), step L forward (6) (3:00)

7&8 Step R forward (7), step L in place (&), step R next to L (8)

[25-32] STEP BACK, TOUCH, STEP BACK, TOUCH, ¼ PIVOT R, CROSSING SHUFFLE

1-2 Step L back (1), touch R next to L (2)

3-4 Step R back (3), touch L next to R (4)

5-6 Step L forward (5), turn ¼ R (weight to R) (6:00)

7&8 Cross L over R (7), step R to R side (&), cross L over R (8)

***TAG: After wall 5 while facing 6:00**

[1-4] SIDE STEP TOUCH (2X)

1-2 Step R to R side (1), touch L next to R (2)

3-4 Step L to L side (3), touch R next to L (4)

Restart dance from beginning

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