The Good Ones

拍数: 48   墙数: 1   级数: Improver

编舞者: Sara Magli (IT) - December 2020

音乐: The Good Ones - Gabby Barrett

Dance begin after 16 counts

Side, side, close, step, step, side, hold, together, cross, side

| 123&4 | step L to L side, transfer weight back on R, L close to R, R step in place, step L forward |
| 56&78 | large step to R, hold (drag L towards R), L close to R, R cross over L, step L side |

Back, ronde, back, ronde, coaster, forward, forward

12	step R back (sweeping L backwards anti-clockwise) 34 step L back (sweeping R backwards clockwise)
5&6	step R back, L close to R, step R forward
78	step L forward, step R forward

Forward, turn, forward, turn, forward,forward, turn, side

12	step L forward, turn ½ right stepping fwd on R
34	step L forward, step R forward turning 1 (full turn) on left
5678	L forward, R forward turning ¾ right, finish on R foot

Cross, side, cross shuffle, full turn+1/8 rolling left

123	cross L over R, step R side, step back on L
4&5	cross R over L, step L to L side, cross R over L
678	turn ¼ L stepping L fwd, make ½ turn L stepping back on R, turn ½ L stepping L to L side (finish in diagonal)

(*)Rock fwd, back, coaster step, rock fwd, back, coaster step

| 123&4 | Rock R diagonal fwd, transfer weight back on L, R back, L close to R, R forward |
| 567&8 | Rock L diagonal fwd, transfer weight back on R, L back, R close to L, L forward |

(*) attention: this part is not included in the 3rd sequence

Rock fwd, back, R fwd turning 3/8 on R, forward, forward turning ½ L, back, coaster step

12	Rock R diagonal fwd, transfer weight back on L
34	step R forward turning 3/8 R, step L forward
5	step R foward turning ½ L
6	step L back on L diagonal
7&8	rock R back, close L to R, step R forward

During the 3rd sequence, restart after 40 counts [must avoid this part (*)]

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