

Superman

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sara Magli (IT) & Isabella Ghinolfi (IT) - December 2020
音乐: Superman - Keith Urban



SLIDE RIGHT TO RIGHT, LEFT ROCK BACK, GRAPEVINE TO LEFT, TOUCH RIGHT

1-2 Slide with right foot to right with 2 counts
3-4 Rock left back, recover weight on right
5-8 Step left to left, cross right behind left, step left to left, touch right beside left

R ROCKING CHAIR, R ROCK FORWARD, CHASSE' RIGHT TO RIGHT

1-2 Rock right forward, recover weight on left, rock right back, recover weight on left
5-6 Rock right forward, recover weight on left
7&8 Step right to right, step left beside right, step right to right

SLOW WEAVE TO RIGHT, TOUCH RIGHT TO SIDE, CROSS BEHIND, SHUFFLE CROSS

1-2 Cross left over right, step right to right
3-4 Cross left behind right, touch the right toe to the right side
5-6 Cross right behind left, step left to left
7&8 Cross right over left, step left to left, cross right over left (shuffle cross)

ROLLING VINE TO LEFT, TOUCH RIGHT, RIGHT SAILOR STEP, LEFT SAILOR STEP WITH ¼ TO LEFT

1-4 Step left to left turning 1/4 to left, step right to right turning 1/2 to left, step left to left turning 1/4 to left, touch right beside left (rolling vine to left - 12:00)
5&6 cross right behind left, step left to left, step right slightly to right
7&8 cross left behind right and turn 1/4 to left (3:00), step right to right, step left slightly to left

Repeat and enjoy this dance

Facebook: Dance.it and Wild Angels country dance
