Christmas Bell



编舞者: Danièle Chang (FR) - December 2020

音乐: Jingle Bell Rock (Glee Cast Version) - Glee Cast



Intro: 16 counts - NO TAG - NO RESTART

S1: STFP KICK x 2.	DALL	OTED KIOK KIOK	CALLOD	4/4 TUDNIDIALE
OLOTER NICK X /.	DALL :	SIPP NICK NICK.	SAILUR	1/4 LURN RIGHT

1 - 4 Step LF Fwd, Kick RF Fwd, Step RF beside LF, Kick LF Fwd

& 5 - 6 Ball Step LF, Kick RF diagonal L, Kick RF Diagonal R

7 & 8 Step RF behind LF, ¼ Turn R Stepping LF to L Side, Step RF to R

S2: BOOGIE WALK x 4, CROSS POINT, ½ TURN RIGHT HITCH

1 - 4 Walk LF, RF, LF, RF Fwd with knee slightly bent & toes pointed out

5 - 6 Cross LF over RF, Point RF to R Side 7 - 8 Close RF next to LF & ½ Turn R, Hitch LF

S3: CHASSE LEFT, ROCK BACK- RECOVER, CHASSE RIGHT, ROCK BACK - RECOVER

1 & 2 Step LF to L Side, Step RF next to LF, Step LF to L Side

3 - 4 Rock Back RF behind LF, Recover on LF

5 & 6 Step RF to R Side, Step LF next to RF, Step RF to R Side

7 - 8 Rock Back LF behind RF, Recover on RF

S4: STEP L FWD, KICK, BEHIND SIDE CROSS, KICK, KICK, COASTER STEP TOUCH

1 - 2 Step LF Fwd, Kick RF diagonal R

3 & 4 Step RF behind LF, Step LF to L Side, Cross RF over LF

5 - 6 Kick LF diagonal L x 2

7 & 8 Step Back on LF, Step RF next to LF, Touch LF next to RF

Start again and have fun!

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