

Show Me Your Light

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 2 级数: Improver
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音乐: Show Me Your Light - Vidya Vox : (Album: Kuthu Fire - 3:07)



Intro: 16 counts (approx. 8 secs)

Note: Please see the optional arm movements in the video and as described below

S1: R Rock, Recover, R Sailor ¼ R, L Rock, Recover, L Chasse ¼ L

1,2 Rock forward R, recover on L
3&4 Cross R behind L making ¼ turn R, step L to L side, step R to R side
5,6 Rock forward L, recover on R
7&8 Make ¼ turn L stepping L to L side, step R next to L, step L to L side 12:00

S2: Weave with L Flick, Cross L, Side R, Behind Side Cross

1,2,3,4 Cross R over L, step L to L side, step R behind L, flick L to L side
5,6 Cross L over R, step R to R side
7&8 Step L behind R, step R to R side, cross L over R 12:00

S3: Forward R, Point L, Back L, Point R, R Jazz Box

1,2,3,4 Step forward R, point L to L side, step back L, point R to R side
5,6,7,8 Cross R over L, step back L, step R to R side, step L slightly forward 12:00

S4: Paddle 1/8 L x4, ½ Turn R Stepping & Tapping Alternate Feet in Place

&1 Keeping weight on L make 1/8 turn L (&), touch R slightly to R side 10:30
&2 Keeping weight on L make 1/8 turn L (&), touch R slightly to R side 9:00
&3 Keeping weight on L make 1/8 turn L (&), touch R slightly to R side 7:30
&4 Keeping weight on L make 1/8 turn L (&), touch R slightly to R side 6:00
&5&6&7&8 Make ½ turn R on the spot stepping R, L, R, L, R, L, R, L tapping with the right but stepping with the left (ie: tap R, step L) 12:00

(styling option: try pushing R hip out when stepping on R and L hip out when stepping on L)

S5: R Side, Together, R Side, Touch L, L Side, Together, L Side, Touch R (Bihu Style)

1,2,3,4 Step R to R side, step L next to R, step R to R side, touch L next to R
5,6,7,8 Step L to L side, step R next to L, step L to L side, touch R next to L 12:00

S6: ¼ R, ¼ R, ½ R Shuffle, ¼ L, ¼ L, L Shuffle

1,2 Make ¼ turn R stepping forward R, make ¼ turn R stepping forward L 6:00
3&4 Make ¼ turn R stepping forward R, step L next to R, make ¼ turn R stepping forward R (to complete full turn R) 12:00
5,6 Make ¼ turn L stepping forward L, make ¼ turn L stepping R next to L
7&8 Step forward L, step R next to L, step forward L 6:00

** Optional Arm Movements (S3 - S6)

** S3

1,2 R palm facing upwards and raised to shoulder level, L palm facing down and positioned across body at mid-chest level (making an inverted letter L)
3,4 L palm facing upwards and raised to shoulder level, R palm facing down and positioned across body at mid-chest level (making a letter L)
5,6,7,8 Keep R arm folded across body with R palm facing down but raise to below chin level, position L arm across body at mid-chest level with L palm facing down

** S4

1,2,3,4 Keep arms in the same position as for counts 5,6,7,8 of S3 above.
5,6,7,8 Open arms out to the sides during the ½ turn R (with optional hips)

**** S5 (for all of this section)**

1-8 Place both arms behind your back at waist level with palms facing outwards

**** S6**

1,2,3,4 Keep L arm behind your back, open R out to side palm upwards as you full turn R

5,6,7,8 Change R arm to behind your back, open L out to side palm upwards as you half turn L
